

# Strive to Thrive

## Career Tips For Ted Rogers School Students

These reports leverage the expertise of BCH staff to share best practices for students & alumni.

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### Campus Community: A Guide to Joining Student Groups

University life can be challenging, but it doesn't have to be a journey alone. By getting involved in student groups, you can learn more, feel more connected, and grow in ways that make your time on campus truly rewarding.

#### Ted Rogers Students' Society

The Ted Rogers Students' Society (TRSS) is the student-elected society that represents over 13,000+ full-time undergraduate commerce students attending the Ted Rogers School of Management at Toronto Metropolitan University.



TRSS houses all student groups under the Ted Rogers School of Management, which are categorized into two types: **course unions** and **interest groups**.

#### Course Union

A course union is a group within each academic department whose leadership organizes events and provides important information to students.

#### Interest Groups

An interest group runs events and workshops based on a shared hobby or idea.



### Positions in a Student Group

#### Executives

Lead the organization with strategic vision and decision-making, setting overall goals and guiding the team toward success.

#### Vice Presidents

Oversee and manage key departments, driving departmental goals and ensuring alignment with the organization's broader objectives.

#### Directors

Manage specific teams or functions within departments, implementing strategies and overseeing daily operations to achieve departmental goals.

#### Associates

Support various departments through hands-on tasks, contributing to team success and gaining experience across different areas of the organization.

## Application Timeline

The **end of the winter semester** is when most student groups hire. Each group's process varies, here is a general timeline: (**Note**: Some groups hire general associates during the **Fall semester**)



## Benefits of Joining a Student Group



**Skill Development:** Build key skills for success, including leadership to guide teams, communication for effective interaction, and time management to stay organized and productive.



**Networking Opportunities:** Connect with peers and industry leaders through exclusive events, gaining valuable insights and expanding your professional network.



**Social:** Meet like-minded individuals and build lifelong relationships through events and activities that foster collaboration and connection.

## Meet a Student Leader

The most important thing isn't necessarily past experience. Many students may not have extensive experience coming from high school, so what truly matters is the effort they put into their application. Showing commitment and willingness to learn will help them stand out. During interviews, I look for engagement and enthusiasm. The key is showing genuine interest in the student group, rather than just having the "perfect" answer. Let your authenticity and personality shine through.

I joined student groups to find a community and make an impact on the school. Working alongside people who share a common goal has been rewarding, and it has allowed me to form meaningful relationships. If I could give advice to my first-year self, it would be to attend more events—not just for networking, but to explore what truly interests me. You won't figure it all out online. Being involved in events helps you discover more about yourself and your passions. Talking to people can give you a clearer understanding of your career goals and help you plan for the future.



**Vansh Saini**  
President, TMCA

## General Tips



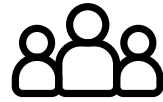
### Be Engaged

Explore the various course unions and interest groups available to you at TRSM [here](#).



### Stay Connected

Stay connected with student groups by following their social media accounts to keep up with events and opportunities.



### Get Involved

Attend events, meet student leaders, and expand your network. Check out events happening [here](#).

## Visit the Business Career Hub

### Employer Events

The BCH hosts several employer events to prepare you for your professional career. Refer to your weekly 'BCH Careers Newsletter' for a list of upcoming [events](#).

### Bootcamps/Prep Programs

Advance your technical and soft skills, earn digital badges, and gain an advantage in today's workforce through bootcamps. [Click here to register for current bootcamps](#).

### Coaching & Mock Interview

For career coaching, interview prep and more, [schedule a 1:1 appointment](#) with a Career Consultant or a Co-op Coordinator.



[TedRogersBCH](#)



[Business Career Hub Website](#)



### Career Consultant Contributor Jason Andrada

Jason is a Career Consultant with experience in post-secondary advancement and accounting. Having formal training in career development, he is passionate in helping others achieve their dream career and building meaningful relationships.



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