

# Strive to Thrive

## Career Tips For Ted Rogers School Students

These reports leverage the expertise of BCH staff to share best practices for students & alumni.

Updated November 2022

## Your Final Year Step-by-Step Guide

### Graduating This Year? Wondering How To Prepare?



#### Academics and Finance

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Have a look at your [Advisement Report](#) and plan out your courses for the Fall, Winter and potentially Spring/Summer semesters.

- Book an appointment with the [Student Advising](#) team for additional support.



OSAP Students: Apply for [OSAP](#) for your final year of studies.



Take advantage of the [Program Advising & Student Success \(PASS\)](#) and the [Student Life and Learning Support](#) for academic support.

- Note: your grades in final year are crucial if you'll be applying for Graduate Studies.



[Apply to Graduate.](#)

- Spring 2023 Convocation: Apply between November 1, 2022 and March 1, 2023
- Fall 2023 Convocation: Apply between June 1, 2023 to July 31, 2023



OSAP Students: Visit your [National Student Loan Service Centre \(NSLSC\)](#) account for an overview of important details on loan repayment and important dates.



#### Career

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Explore what you'd like to do post-grad and plan accordingly.

- [Book an appointment](#) with a Career Consultant at the [Business Career Hub](#) for support with career mapping and how to stand out as a candidate.



Apply to [New Grad Programs](#) in early-mid Fall.

- Attend the [Business Career Hub's employer events](#) to learn about companies that are hiring.



If you need some extra cash, apply for a part-time job through [Career Boost](#).



Get involved with [student groups](#) to continue building your resume.

- Work with a [Career Coordinator](#) to identify gaps in experience and skills - engage in your last year through extracurriculars, [bootcamps](#), and case competitions.



## Student Involvement

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Participate in [events](#), [case competitions](#), [networking events](#), [programs](#), as this may be your last chance to do so.

- Most recruitment and networking events are open to current students, so take advantage - this is an easy way for you to connect with professionals and recruiters.



Explore [campus resources](#), and anything you have never tried, before before you graduate.



## Personal

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Make plans and build close friendships, make memories together, and rely on each other for support during school and post-grad.



Establish a routine that works for you.



Focus on your mental health and well-being through [Centre for Student Development and Counselling](#), or [ThriveTMU](#).

## Advice From a Student in Their Final Year



5th Year, Global Management Studies\*

**RONAK PATEL**



There is no right or wrong time to begin career planning. However, it is no mystery that "the early bird gets the worm". It would be best if you started planning things out early, revamping your resume, researching your favourite industries and exploring the potential career paths available to you. You also need to build your network! Your network is your net worth, and it is worth far more than the cliché it is considered to be. Industry professionals were all students at one point in their lives, so let's win some points there!

(\*Update: Ronak graduated from the Ted Rogers School of Management in 2022 with his Bachelor of Commerce in Global Management Studies.)

## Want to Learn More?



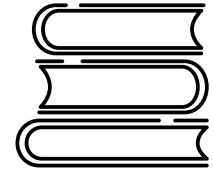
### Student Mental Health Resources

[TMU Mental Health and Wellbeing](#)



### Podcasts

[Podcasts for Students and New Grads](#)



### Books

[Books for Students](#)



## Visit the Business Career Hub

### Employer Events

The BCH hosts several employer events to prepare you for your professional career. Refer to your weekly 'BCH Careers Newsletter' for a list of upcoming events.

### Bootcamps/Prep Programs

Advance your technical and soft skills, earn digital badges, and gain an advantage in today's workforce through bootcamps. [Click here to register for current bootcamps.](#)

### Coaching & Mock Interview

For career coaching, interview prep and more, [schedule a 1:1 appointment](#) with a Career Consultant or a Co-op Coordinator.



### Career Consultant Contributor Tanya Maden-Skydan

Tanya is a Manager, Strategic Corporate Partnerships and a former Career Consultant with 5+ years of campus recruitment experience. She is a Ted Rogers alumna who is passionate about providing students the tools needed to be successful in the workplace today and the future.



### Student Contributor Aazema Chaudhry

Aazema is a 5th Year Economics Co-op student. She has completed Co-op work terms at RBC and Fit for Business, and is currently a part-time Project Coordinator at the BCH.