

# The Effect of Music Listening on Cognition



Toronto  
Metropolitan  
University



The Stress and Healthy Aging Research (StAR) Lab at Toronto Metropolitan University is looking for **100 younger adults (aged 17-45)** to participate in a research study that examines how music listening affects cognitive performance.

**TO SIGN-UP:**

**SCAN CODE OR EMAIL**

**[star.lab@torontomu.ca](mailto:star.lab@torontomu.ca)**

Principal Investigator: Dr. Alexandra Fiocco



## Participation Includes:

- Providing non-invasive physiological measurement (heart rate, EEG).
- Completing a set of questionnaires related to wellbeing and attitudes.
- Listening to music and completing a performance task.

Participation will take place at the  
**South Bond Building, TMU Campus**  
105 Bond Street

Eligible participants will be  
compensated with a cash payment!

This study has been reviewed and approved by the TMU Research Ethics Board (REB 2023-264).