

# THE URBAN PSYCHOLOGIST

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## Chair's Corner



**Dr. Martin Antony**  
Department of  
Psychology Chair

This first *Urban Psychologist* of the 2013-2014 academic year marks a period of transition in the Department. First, Dr. John Turtle (previously our Undergraduate Program Director), recently took on the role of *Secretary of Senate* for the University. John has been in our Department for 19 years, making him one of the longest serving faculty members in Psychology. In fact, he was the first full time Psychology faculty member to be hired after Ryerson became a university in 1993, and he has seen enormous changes in his time, including the development of our new BA, MA, and PhD programs, and our hiring of more than 25 tenure stream faculty members in the last 8 years alone. We will miss John very much, though we are proud to have another member of our Department assume a senior leadership role at Ryerson (along with our Dean of Arts, Associate Dean of Arts, and Director of Ryerson's Learning and Teaching Office).

This summer we also said farewell to Tara Stallberg, who served as our graduate program administrator for 5 years, before moving to the MA program in public policy and administration. We also welcomed a number of new people to the Department. Drs. Becky Choma, Tsasha Awong, and Kosha Bramesfeld joined the department in August as new faculty members. We are also happy to welcome Jessica Sutherland as our new Undergraduate Program Assistant and Sarah Carmichael as our new Undergraduate Program Administrator. Lisa Vuong transitioned from the role of Undergraduate Program Administrator to Graduate Program Administrator.

As always, this period has seen a large number of accomplishments by our students and faculty members, including new awards, grants, appointments, publications, and presentations. Psychology continues to be a leader at Ryerson, and we are proud to celebrate our award winning teaching and research. Recent accomplishments are too many to mention in this column, though they are featured throughout the pages of this newsletter.

We look forward a number of exciting developments during 2013-2014. The Psychology Department will appoint its first Canada Research Chair over the coming year. We are also in the process of completely redesigning our Department website, which will include the launch of a number of new research lab webpages. Look for updates in the next issue of UP.

# BA Program Updates

By **Dr. Tara Burke**

Undergraduate Program Director

While I have been a faculty member in the Department of Psychology for over 14 years, this fall I took on a new role as Psychology Undergraduate Program Director (UPD). Dr. John Turtle has been the UPD since the inception of the Psychology BA program in 2006, and in the 7 years since the program started, the number of enrolled students has increased from our initial cohort of about 120 students to our current enrollment of over 600 full time students. I would like to thank Dr. Turtle, now Ryerson's Secretary of Senate, and Lisa Vuong, our former Undergraduate Program Administrator (UPA), for their immeasurable contributions to the program and their unwavering support of our undergraduate students. I would also like to extend a warm welcome to two new members of our administrative team – Sarah Carmichael is our new UPA, and Jessica Sutherland has assumed the recently created position of Psychology Undergraduate Program Assistant.

The high quality of our current students was illustrated by the impressive turnout of faculty, students, family and friends at the annual **Psychology Student Research and Awards Celebration** held in June of this year. Students were recognized for their contributions to leadership, scholarship and research, including 72 of our undergraduates who made the Faculty of Arts Dean's list, one requirement of which is a minimum GPA of 3.67 for the academic year.

We are now entering our recruitment cycle for 2014-2015. The Psychology program at Ryerson is highly competitive, as evidenced by the more than 3000 applications we received this fall for 135 available spots for incoming students. We had an opportunity to meet with potential students for the 2014-2015 academic year at the recent **Ontario Universities Fair** on September 26, 27, and 28.

I look forward to working with our faculty and students in my new capacity as UPD. Best of luck for successful and enjoyable year!

## Welcome to PSA Executive

The Department of Psychology is pleased to welcome the new Psychology Students' Association Executive Team to their new positions for the 2013-2014 academic year.

Pictured from left to right, **Jennifer Boone** - Vice President Operations, **Martin Bryan** - Vice President Social Media & Advertising, **Eszteella Vezer** - President, **Alexander Waddling** - Vice President Student Life & Events, and **Sam Torabi** - Vice President Finance. *Photo credit: Shadi Sibani*



## Grad Updates



**Dr. Michelle Dionne**  
Graduate Program  
Director

Although in nature Spring is the traditional season of birth and renewal, for academics in a university setting, that season is Fall. We've already had a very busy August leading into the beginning of September. Fifteen brand new MA1 students (out of the 300 or so who applied) were welcomed to campus for a program orientation. With the help of several veteran graduate students, questions were answered and some anxieties assuaged.

We also had a flurry of MA thesis defenses and PhD dissertation oral exams in the past weeks as students completed their work and moved on into the PhD program, their clinical internships, or indeed, graduated. Grad classes have started and we've already run a number of information sessions for students on everything from the comprehensive requirement paper to external funding applications.

The "New Year" is also a time to look back on our successes. We have a highly regarded and highly sought after program. It is clear that we have excellent students. Last year they were awarded close to \$1.3 million in external funding (CIHR, SSHRC, NSERC, OGS, etc.) and authored over 70 peer-reviewed journal articles and book chapters.

My personal thank you to our Graduate Program Administrator Lisa Vuong for her Herculean efforts to learn the ropes of a new job at the outset of a new academic year. She's doing a terrific job (as usual!) Thanks to Tara Stallberg for all of her contributions to our graduate program over the past 5 years, and best of luck to Tara in her new role.

Finally, congratulations to our Director of Psychological Science Training Dr. Meg Moulson who recently became a mom for the second time. We will take care of things in the program for the next few months while Meg is minding things at home.

### Save the dates:

**Open House and Information Session (Thursday October 17, 6:10 - 8:30 pm) in SCC-115.** This event is open to all potential applicants to our MA and PhD programs, including those interested in Psychological Science or Clinical Psychology. The first hour will include an overview of the program and the application requirements presented by Dr. Michelle Dionne, Graduate Program Director. After the presentation, there will be an opportunity for questions, and to meet informally with faculty members and current graduate students. Refreshments will be served. Please RSVP to [psygradevents@psych.ryerson.ca](mailto:psygradevents@psych.ryerson.ca).

### Congratulations Graduates

**Fall convocation is on Friday October 18.** That day, 13 MA students and 6 PhD students will receive their degrees. Look for photos of the day to be posted on our Website later this term. Congratulations to everyone.

## Psychology in the News

### Some recent media appearances by members of the Psychology Department.

**Dr. Martin Antony** was interviewed for *NBC News* on the topic of “gynmophobia” or fear of nudity in May, 2013.

**Dr. Martin Antony** was interviewed by the *New York Times* on the fear of cicadas in June, 2013.

**Dr. Martin Antony** was interviewed by *Smithsonian Magazine Online* on the topic of “tryphobia” or fear of holes in August, 2013.

**Dr. Martin Antony** was quoted by *680 News* on overcoming back-to-school anxiety in September, 2013.

**Dr. Morton Beiser** was quoted by the *Vancouver Sun* on health hazards for immigrants in March, 2012.

**Dr. Jean-Paul Boudreau** was quoted by *CTV News* on whether infants show empathy for others in June, 2013.

**Dr. Jean-Paul Boudreau** was quoted by *The Globe and Mail* and interviewed by *CBC Radio* about this year’s Congress of the Humanities and Social Sciences, June 2013.

**Dr. Colleen Carney** was featured or interviewed in at least 13 media outlets on tips for improving sleep quality discussed in her upcoming book, *Goodnight mind: Turn off your noisy thoughts and get a good night’s sleep*. Dr. Carney was featured in a range of international and national media outlets such as *Canada.com*, *Calgary Herald*, *Edmonton Journal*, *Brandon Sun*, *Mississauga.com*, *Victoria Times Colonist*, *Ottawa Citizen*, *Oprah.com*, *Montreal Gazette*, *CBC Radio*, *Vancouver Sun*, *Huffington Post*, and *Global News*.

**Dr. Colleen Carney** was quoted by *Flare* regarding the signs of not getting enough delta sleep in August, 2013.

**Dr. Colleen Carney’s** research on sleeping in separate beds and relationship satisfaction was featured in at least 10 media outlets, including *The Daily Mail* (UK), *Estrella Digital* (Spain), *MSN News*, *Myfoxphilly.com*, *Acasa.ro* (Romania), *Huffington Post*, *CBC News*, *Cosmopolitan*, *Men’s Health News*, and *Virgin Radio 99.9 FM*.

**Dr. Colleen Carney** was quoted by *The Huffington Post* on the effect of time changes on sleep in September, 2013.

**Dr. Colleen Carney** was interviewed in an article for *Canada AM (CTV News)* on fighting jet lag through light adjustment in June, 2013.

**Dr. Stephanie Cassin** was quoted by *Philly.com* about the first bite of food and eating in moderation in May, 2013.

**Dr. Becky Choma’s** research on the relationship between coffee drinking and suicide risk was featured by *Syracus.com* in July, 2013.

**Dr. Alasdair M. Goodwill** is featured in an ongoing Oprah Winfrey network documentary entitled *To Catch a Killer* (Ocean Entertainment) exploring a number of cold cases from the Toronto area.

**Dr. Alasdair M. Goodwill** was interviewed by *CBC News* for an article examining Ariel Castro’s sentencing testimony in August, 2013.

**Dr. Trevor Hart** was profiled by the *Community Based Research Centre in Gay Men’s Health* in May, 2013.

**Dr. Frank Russo’s** research on Singing Therapy for Parkinson’s Disease and Music Informatics was featured in a special edition of *Macleans Magazine* in September, 2013.

**Dr. Frank Russo** was interviewed on *CBC Radio* about the Science, Music, Perception and Cognition meeting held at Ryerson, and on the impact of music cognition research in August, 2013.

## Doctoral Students Publish Comprehensive Requirement Papers

The Comprehensive Requirement is a major milestone for PhD students in both the Clinical Psychology and Psychological Science streams. To meet this requirement, students must address a novel research question by immersing themselves in a new literature that is outside of their area of expertise. The comprehensive requirement provides an exciting opportunity for students to cultivate their critical thinking abilities and to examine novel psychological issues in a rigorous way.

Past students have critiqued or revised existing theories, integrated literatures in novel ways, and critiqued existing methodology with proposals for innovation. Indeed, a number of students’ projects have gone on to be published in important psychological journals! For example, **Danielle Schwartz** recently published her paper on the mechanisms underlying the effectiveness of cognitive-behavioural treatment for insomnia, and **Jenny Rogojanski** published her project on interpersonal factors in insomnia. **Ronak Patel** published his meta-analysis on whether training in motor and cognitive skills

results in functional brain changes. Finally, **Matilda Nowakowski** published her critical review examining alexithymia across eating disorders and its influence on the development and treatment of eating disorders.

These publications are examples of the notable impact students’ innovative comprehensive projects may have on the broader psychological community.

**Nowakowski, M. E.**, McFarlane, T., & Cassin, S. (2013). Alexithymia and eating disorders: A critical review. *Journal of Eating Disorders*, 1.

**Patel, R.**, Spreng, R. N. & Turner, G. R. (2013). Functional brain changes following cognitive and motor skills training: A quantitative meta-analysis. *Neurorehabilitation and Neural Repair* 27, 187-199.

**Rogojanski, J.**, Carney, C.E., & Monson, C.M. (2013). Interpersonal factors in insomnia: A model for integrating bed partners into cognitive behavioral therapy for insomnia. *Sleep Medicine Reviews*, 17, 55-64

**Schwartz, D. R.**, & Carney, C. E. (2012). Mediators of Cognitive-Behavioral Therapy for Insomnia: A Review of randomized controlled trials and secondary analysis studies. *Clinical Psychology Review*, 32, 664-675.

## Psychology PhD Graduates Receive Major Awards

This year, Psychology PhD students received 2 major awards conferred at convocation.

Congratulations to **Rachel Strimas**, who received the 2013 *Governor General Gold Medal*, which is awarded annually to the graduate student with the highest academic standing in a graduate degree program.

Congratulations to **Anne Wagner**, who received the 2013 *Ryerson Gold Medal* –awarded to one student from each faculty, based on both academic achievements and extracurricular contributions. Anne was also selected from among the six Gold Medal winners as Ryerson's first graduate student to receive the Board of Governors Student Leadership Award and Medal.

## Psychology Training Clinic Update



**Dr. Kelly Horner**

Director, Psychology Training Clinic

### Ryerson's Psychology Training Clinic (PTC)

opened in 2010, launching a new partnership with **St. Michael's Hospital** and providing exciting new opportunities for both the *Department of Family and Community Medicine (DFCM)* at St. Michael's and the Clinical Psychology program at Ryerson. The clinic is located at 80 Bond St., which is the newest of the five St Michael's DFCM sites in downtown Toronto. The clinic offers psychological services to patients at all five DFCM locations, and is unique in offering Clinical psychology students a yearlong practicum experience within a family health clinic, supervised by Ryerson psychology faculty.

Our Clinical Psychology students begin their placements at the end of their first year of studies. The clinic offers evidence-based assessments and short-term treatments for a wide range of psychological disorders, with an emphasis on depression and anxiety disorders. Patients seen at the PCT are afforded an opportunity to access psychological care that they otherwise may not be able to obtain, within a setting that emphasizes an interprofessional, "circle of care" model. During the 2012- 2013 practicum year our students completed over 175 structured diagnostic interviews and 12 psychoeducational assessments. They also provided psychological treatment to over 175 patients, in collaboration with a wide range of practitioners and service providers. An integral part of the practicum experience is the opportunity for close interprofessional collaborations with primary care medicine, social work, psychiatry, dietetics, pharmacy, dental, and chiropractic services.

The clinic is open Monday through Friday, with Monday evening hours, and there are four clinical offices equipped with video recording capacity to facilitate supervision of services. Visitors are welcome to tour of the clinic, which is minutes from the Department.

Please feel free to contact me at any time by phone (416-864-6060, ext. 77265) or e-mail (khorner@psych.ryerson.ca).



Clinical MA1 students participate in CPA annual meeting held in Quebec City this year. From left to right: Hanna McCabe-Bennet, Kathleen Tallon, Andrew Brankley, Lauren David, Natalie Stratton, and Sasha Mallya.

## Students and Faculty Represent Ryerson at the Canadian Psychological Association

By Matilda Nowakowski, PhD student

Our department was extremely well represented at this year's annual meeting of the *Canadian Psychological Association (CPA)* in Quebec City. In addition to 27 poster presentations by Ryerson's undergraduate and graduate psychology students, a number of our students also presented workshops, roundtables, and symposia. Most notably, under the guidance of Dr. Naomi Koerner, our first year Masters students in the clinical psychology program presented a series of workshops and roundtable presentations focused on topics such as the role of graduate students in promoting psychology, improving access to evidence-based treatments, and strategies for interacting with the media. This series of presentations is a great example of the program's commitment to student-faculty collaboration, innovation, and students' professional development. Doctoral Student **Emma MacDonald** also completed her term as student representative on *CPA's Clinical Psychology Section Executive* and chaired a very successful student symposium on mindfulness.

A number of our faculty members were also visible at the conference. **Dr. Candice Monson** gave an invited presentation on her cutting edge research on enhancing treatment for Posttraumatic Stress Disorder and **Dr. Maria Gurevich** gave a preconvention workshop for the Section on Women and Psychology on feminist research methods. In addition, **Dr. Naomi Koerner** was awarded the *President's New Researcher Award* and spoke about her research on Generalized Anxiety Disorder.

Our success at this year's CPA convention is a testament to our department's focus on rigorous and cutting-edge research as well as the motivation and enthusiasm of our undergraduate and graduate students to be active participants in Canadian psychology!

# Welcome to Psychology!

## New Staff



### **Sarah Carmichael** Undergraduate Program Administrator

Sarah Carmichael joined the department in August 2013. Sarah has 9 years of experience as a student advisor working with a diverse population of postsecondary students (in

the UK) and about 5 years as a developmental editor for Routledge/Taylor and Francis (UK) and Oxford University Press (Canada). She has extensive student advising experience, as well database management, editing, and event planning experience. She also has a keen interest in photography (some of her photos appear in this issue of UP). Sarah joins us with a BA in Art History/Theory and Philosophy (Essex University, UK) and additional qualifications/diplomas in both career counselling and psychometric testing.



### **Jessica Sutherland** Undergraduate Program Assistant

The Department of Psychology welcomed Jessica Sutherland back to Ryerson in June 2013 as our new undergraduate program assistant. Jessica received her

BA in Psychology from Ryerson in 2012 and her MA in Criminology from the University of Toronto in 2013. She has a wealth of experience in the undergraduate student experience at Ryerson, including work with the Psychology Students' Association, the Academic Integrity Office, the Project-Funds Allocation Committee for Students, the Tri-Mentoring Program, TEDxRyersonU, and a semester abroad in 2011. In her new position in the department, Jessica provides administrative support to students in the undergraduate program, working alongside the Undergraduate Program Administrator and the Undergraduate Program Director.

## New Postdoctoral Fellows



### **Dr. Nooshin Rotondi**

Nooshin Khobzi Rotondi received her PhD in Population Epidemiology from the University of Western Ontario. Her research with Dr. Trevor Hart in the HIV Prevention Lab is focused on investigating the protective factors that promote sexual health among HIV negative gay and bisexual men.



### **Dr. Anne Wagner**

Anne Wagner received her PhD in clinical psychology from Ryerson University. She is investigating the longitudinal trajectory of dyads following exposure to trauma in Dr. Monson's IMPACT (Investigating Methods to Prevent, Assess, and Care for Trauma) Lab.

## New Faculty



### **Dr. Tsasha Awong** Assistant Professor

Following a 2-year hiatus, Dr. Tsasha Awong recently rejoined the Department of Psychology for a limited term appointment. Dr. Awong began her career as a psychology undergraduate at York University, followed by an MA and PhD in developmental psychology from the University of Toronto. Her research interests are in the area of children's social

and emotional development, with an emphasis on parenting and socialization. From 2007 to 2011, she taught a variety of courses in our BA program, including Introduction to Psychology, Perspectives in Psychology, Child Development, and an Advanced Developmental Seminar. We are delighted to welcome Dr. Awong back to the Department!



### **Dr. Kosha Bramesfeld** Assistant Professor

Dr. Kosha Bramesfeld recently joined the Psychology Department for a limited term appointment.

Dr. Bramesfeld received her PhD in social psychology from the Pennsylvania State University. She is very passionate about teaching and has over 10 years of experience teaching undergraduate and graduate courses (mostly in areas related to social

psychology, community psychology, introductory psychology, statistics and research methods). Her primary research interests are in the areas of group dynamics, affect, and motivation. Additionally, she has been involved in several community-oriented research projects related to topics as broad as medical research, marriage and family therapy, parental involvement in early childhood education, and community volunteering.



### **Dr. Becky Choma** Assistant Professor

Dr. Becky Choma completed her PhD in Social and Personality Psychology from Brock University. Prior assuming a tenure-track faculty position at Ryerson, she completed a SSHRC funded postdoc at Wilfrid Laurier and was an Assistant Professor at Plymouth University in the United Kingdom (2010-2013). Her research focuses broadly on

the psychological underpinnings of tolerance and intolerance. She is interested in ideological beliefs that relate to tolerance and intolerance (e.g., authoritarianism), as well as prejudice and discrimination (e.g., intergroup attitudes, prejudice reduction, reactions to discrimination including well-being outcomes and collective action).

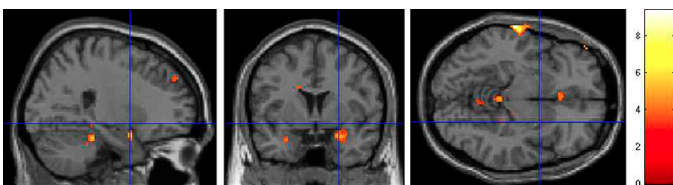
## Cross-Lab Collaborations Produce Exciting Innovations in Research

One of the most exciting and unique features of Ryerson's Psychology Department is the ever-growing number of collaborations among faculty members and students across labs, producing many fruitful research ventures, and offering opportunities to synthesize Department expertise and advance research in new innovative directions. This article focuses on three recent collaborations.

**Trevor Hart** (*HIV Prevention Lab*) and **David Day** (*Psychology of Crime and Delinquency Lab*) are collaborating on research concerning risky health-related behaviours, with a focus on injury risk and sexual risk behaviours among incarcerated juvenile offenders. Because juvenile offenders are more likely to engage in behaviours that put them in harm's way, they are at greater risk of poor health-related outcomes, including physical injuries, early mortality, sexually-transmitted infections, and teen parenthood, compared to their peers. With the goal of uncovering the factors leading to these behaviours, Drs. Hart and Day have examined the role of child maltreatment, impulsivity, depression, and substance abuse. Future work will look at the motivational influences for these risky behaviours with the ultimate goal to develop, implement, and evaluate a prison-based health education program for male and female juvenile offenders. The collaboration has been very productive so far, resulting in two peer-reviewed journal articles and six conference presentations, including one during the June meeting of the Canadian Psychological Association.

The "*Investigating Methods to Prevent, Assess, and Care for Trauma*" (*IMPACT*) Lab, led by **Dr. Candice Monson** and the "*Brain Imaging and Memory*" (*BIM*) Lab, led by **Dr. Todd Girard** joined forces to support a study investigating brain changes in individuals affected by posttraumatic stress disorder (PTSD). The study's lead, PhD student Ronak Patel, along with research assistants, graduate students, and postdoctoral fellow Nicole Pukay-Martin, are using high-resolution functional magnetic resonance imaging (fMRI) to examine trauma-related changes in the brain and their relation to memory for emotionally charged events. Findings from this study are expected to advance understanding of neurobiological changes in PTSD and may uncover novel targets for therapeutic intervention.

The *Cognitive Neuroscience Lab*, led by **Tisha Ornstein** and the *Psychophysiology Lab* led by and **Kristin Vickers**, in collaboration with the *Frederick W. Thompson Anxiety Disorders Centre at Sunnybrook Health Sciences Centre*, are carrying out a study examining cognitive functions and treatment efficacy in individuals with OCD and OCD Spectrum Disorders. The two-phase study will assess participants using an extensive clinical and neurocognitive test battery. The first phase will evaluate individuals with various OCD symptom subtypes and individuals without OCD, and the second phase will compare individuals before and after cognitive-behavioural therapy. The project aims to add to the limited literature available on neurocognitive impairment, treatment and OCD symptom subtypes, and to help provide targeted interventions.



The IMPACT Lab and the BIM Lab team up to investigate brain changes in individuals with PTSD



## Canadian Society for Brain, Behaviour and Cognitive Science Brings 2014 Meeting to Ryerson

Next year, Ryerson University will host the Annual Meeting of the Canadian Society for Brain, Behaviour and Cognitive Science (CSBBBCS). The event will be held July 3-5, 2014 and is expected to attract close to 400 delegates, including undergraduate students, graduate students and scientists from universities across Canada, to present and discuss cutting edge research into the brain and cognitive psychology. The conference also serves as the venue to award significant contributions to the field including the Donald O. Hebb Distinguished Contribution Award, the CSBBBCS Early Researcher Award, in addition to a number of graduate student awards. Ryerson is no stranger to the CSBBBCS, as our own Dr. Frank Russo won the Early Researcher Award in 2012 and graduate student Sara Gallant won Best Poster in 2013. "The event serves as a high profile platform to share ideas and promote cognitive science within Canada," says Dr. Ben Dyson – local chair of the conference organization committee. "We have already built up a strong collection of volunteers for the conference but are always looking for more help." If you would like to help out with organizing this national conference, please contact Dr. Ben Dyson directly. See you in 2014!



## Martin Antony Elected to Royal Society of Canada

**Dr. Martin Antony** has been elected as a fellow of the **Royal Society of Canada (RSC)**, the highest honour that a Canadian scholar can receive in the arts, humanities, or sciences. Along with 83 other scholars from across Canada, he will be inducted into the Social Sciences Academy of the RSC at the annual Induction and Awards Ceremony on November 16, 2013 in Banff, Alberta. The RSC represents a senior group of distinguished scholars, artists, and scientists from across the country. Dr. Antony is the sixth faculty member at Ryerson University to be elected as a fellow of the RSC, and the first in Psychology. He was named an RSC fellow in recognition of his contributions to research in the areas of anxiety disorders and perfectionism.



Dr. Alexandra Fiocco presents at Get Psyched! Photo credit: Shadi Sibani

## Getting Psyched about Aging and Psychology

On May 31st, Co-Chairs **Linda Truong** and **Andrea Wilkinson**, and graduate students **Sara Gallant**, **Ling Li**, **Peter Wegier**, and **Brenda Wong** hosted “Get Psyched! Engaging with Aging and Psychology” at Ryerson, in collaboration with the Chang School of Continuing Education’s 50+ Festival. This knowledge exchange event attracted approximately 200 older adults from the community and emphasized the importance of communication between researchers and the population they study. The event included talks from faculty members **Drs. Alexandra Fiocco**, **Maureen Reed**, **Julia Spaniol**, and **Lixia Yang**, who presented their research on aging. By presenting research findings in a way that is accessible to the public, the talks helped audience members learn how science can help them to age healthfully and successfully. The event also included opportunities for audience participation via Q&A, a “meet and greet” refreshment break, and four afternoon conversation sessions facilitated by students and faculty members. Refreshments and take-home resources were provided through generous support from various sources at Ryerson. The success of this event demonstrated the benefits of collaborations within the Department of Psychology and across programs in fostering connections between research labs and the community.

## PGSA Update



**Skye Stephens**  
PGSA President

The **Psychology Graduate Students Association (PGSA)** started off the school year with a Welcome Back Pub Night, which was a great opportunity for students to catch up after the summer and meet the incoming MA class. The PGSA is currently in the process of planning the *5th Annual Psychology Research Symposium*, which will be held on Friday November 8th, 2013. The event will feature **Dr. David Dozois** from Western University as our guest speaker, and will highlight student research conducted in the Department through presentations and a poster session.

The PGSA will be holding elections for the new executive council in October. Interested students are strongly encouraged to apply – the PGSA is a great way to get involved with the promotion of graduate student life in our Department. It is also a great addition to your CV! Stay tuned for further details about the elections.

## Six New PhDs at Fall Convocation

Congratulations to all of our BA, MA, and PhD students who received their degrees at Ryerson’s Fall Convocation Ceremonies. In the Fall 2012 issue of UP, we celebrated the first psychology PhD student (Dr. Meera Paleja) to graduate from Ryerson. This Fall, six more students received their PhDs from our program:

**Dr. Holly Bowen** is teaching in Ryerson’s Psychology Department this Fall, and will start a postdoctoral fellowship at Boston College in January 2014.

**Dr. Niusha Ghazban** is teaching in the Department of Psychology this year.

**Dr. Jenny Rogojanski** began a postdoctoral fellowship in the Frederick W. Thompson Anxiety Disorders Centre at Sunnybrook Health Sciences Centre, Toronto.

**Dr. Rachel Strimas** is a new staff psychologist at Homewood Health Centre, Guelph, ON.

**Dr. Valerie Vorstenbosch** began a postdoctoral fellowship in the Frederick W. Thompson Anxiety Disorders Centre at Sunnybrook Health Sciences Centre, Toronto.

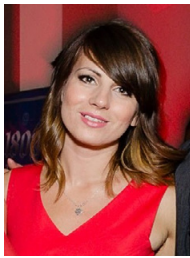
**Dr. Anne Wagner** began a postdoctoral fellowship IMPACT Lab (Ryerson University), where she will conduct research on posttraumatic stress and its treatment.



## Bell Let’s Talk Clinical Psychology Workshop Series

In November 2012, the Ryerson University Psychology Training Clinic was awarded a \$40,000 Bell Let’s Talk Community Fund grant. A key element of this grant is to build capacity through student training. To achieve this goal, a workshop series was developed to provide students with up-to-date knowledge on best practices for the treatment of mental disorders that commonly present at St. Michael’s Hospital family health teams (FHTs). Starting in October 2013, clinical experts will present half-day workshops on depression, panic disorder, social anxiety disorder, and insomnia to clinical psychology students. Workshops will also be presented on motivational interviewing, group psychotherapy, and the new DSM-5. This training will expand upon students’ current knowledge and ensure patients are receiving cutting edge treatment.

## PSA Update



**Esztella Vezer**  
PSA President

The **Psychology Students' Association** held its third annual *Welcome Day* during orientation. New students got to know each other, learned about the Department, and adventured around campus armed with cameras and competitive spirit for a faculty-led scavenger hunt. With a new executive team, a whole host of new members, and fresh ideas, this year's PSA is set to provide something for everyone. Students can once again get their hands on the much-lauded "Psych Gear" in the end-of-Fall clothing sale, learn about graduate school and its alternatives, attend a tour of the Centre for Addiction and Mental Health (CAMH), take part in panel discussions with faculty members on hot psych-related topics, and come make new friends at the PSA's various upcoming socials. This year we even plan to start Ryerson's very own undergraduate journal of psychology. Look out for emails from Sarah Carmichael and Jessica Sutherland for PSA activities, or email [psa@ryerson.ca](mailto:psa@ryerson.ca) to get involved.



New psychology students participate in ice-breaker activities at the PSA's annual Welcome Day event.

## Undergraduate Thesis Stream

By Dr. Michelle Dionne, Honours Thesis Coordinator

Another cohort of senior undergraduate students have embarked upon the next stage of their academic careers by starting work in the thesis course. This year we have 19 students supervised by 18 different faculty members representing a wide diversity of areas in Psychology.

Students will take the next few weeks to brainstorm ideas for their research proposals, and submit ethics applications later in the term. We are also spending some time on graduate school and funding applications. As in past years, students in the thesis course will formally present their research proposals on the last day of class. Everyone is invited.

To learn more about the thesis stream, keep an eye out for our information sessions that are held each term in conjunction with the Psychology Students' Association. We will help psych students decide if a research stream is for them, and provide tips on everything from how to write a strong CV to how they can work their way into a research lab of their choice. More information is available on our website.

Finally, congratulations to last year's thesis students **Abdelhalim Elshiekh**, **Kathleen Lyons** and **Andrea Polanco** who all received *Canadian Psychological Association Commendation of Excellence Awards* for their thesis work last year.



2012-2013 thesis student, Madeline Montoya, presents her thesis research at the annual Psychology Thesis Poster Session held at Ryerson's Psychology Research and Training Centre.

## Undergraduate Thesis Highlights (2012-2013)

This spring, undergraduate honours students completed their thesis projects, reflecting a major milestone and an exciting opportunity to apply broader learning from their psychological studies to conducting real-world research. There was a range of thesis projects that excelled in innovation and methodological rigor, and exhibited the potential to have a tangible impact on the field of psychology. Here are just a few examples.

Under the supervision of Dr. Stephanie Cassin, **Kathleen Lyons** conducted focus groups with individuals who had undergone bariatric surgery to examine changes in their body image. Kathleen used qualitative research methods to explore the influence of the external world on the body, coping with negative changes in body image, and body image-related changes in cognition, behaviour, and emotion.

Under the supervision of Dr. Lili Ma, **Madeline Montoya** studied the way 2-year-old children judge which toys are preferred by an experimenter after observing them select specific toys over others. She found that the children were able to infer the experimenter's preference by observing their behaviour, but only in specific social contexts.

**Michelle Resendes** worked under the supervision of Dr. Michelle Dionne to examine athletic participation, self-objectification, sociocultural attitudes, and motivation states in Ryerson University undergraduates. Michelle found that self-reported "flow" states (i.e., a peak motivational state) are linked to self-objectification, and that participation in athletic activities is connected to internalization of sociocultural images of athletes. The thought-provoking research these three students conducted exemplifies the cutting-edge work conducted within the undergraduate thesis stream.



From left to right, thesis students, Kathleen Lyons, Madeline Montoya, and Michelle Resendes.



## Recent Grants

**Dr. Leslie Atkinson** (co-investigator) received a \$955,000 grant from the Canadian Institutes for Health Research (CIHR) to study the impact of a home visitation intervention on biological outcomes in infants exposed to psychosocial adversity. Dr. Andrea Gonzalez is the principal investigator.

**Dr. Leslie Atkinson** (co-investigator) received a \$397,521 grant from the Canadian Institutes for Health Research (CIHR) to study the determinants of individual differences in maternal care. Dr. Alison Fleming is the principal investigator.

**Dr. Leslie Atkinson** (co-investigator) received a \$30,000 Hospital for Sick Children Psychiatry Endowment Fund grant to conduct a meta-analysis on maternal psychosocial risks and parenting behaviour. Dr. Sheri Madigan is the principal investigator.

**Dr. Morton Beiser** (principal investigator) received a \$102,000 Ontario Mental Health Foundation Grant to study Canadian Children and Youth.

**Dr. Morton Beiser** (principal investigator) received \$2980 from the Canadian Institutes of Health Research (CIHR) to conduct a Café Scientifique entitled, *Lending a hand to our future*.

**Dr. Colleen Carney** (principal investigator) received a \$417,640 operating grant from the Canadian Institutes of Health Research (CIHR) to study the cognitive risks for insomnia over time. **Drs. Naomi Koerner** and **Frank Russo** are co-investigators.

**Dr. David Day** (co-principal investigator) received a \$49,683 research contract from the National Crime Prevention Centre to conduct a study of the costs of crime in Canada.

**Dr. David Day** and **Dr. Trevor Hart** (co-principal investigators) received a \$5,970 grant from the Ryerson University Health Research Fund to conduct a feasibility study to follow juvenile offenders from secure custody into the community in order to examine predictors of and motivations for health risk behaviours.

**Dr. Alexandra Fiocco** (principal investigator) received a \$6000 grant from the Ryerson University Health Research Fund to study the effects of mindfulness-based stress reduction on cognitive function and quality of life in older adults.

**Dr. Todd A. Girard** (principal investigator) received a \$4000 research assistant award from the Office of Research Services at Ryerson University to study the roles of strategy and brain function in memory deficits observed in persons with schizophrenia.

**Dr. Naomi Koerner** (principal investigator) received a \$200,160 operating grant from the Canadian Institutes of Health Research (CIHR) to investigate the effects of concrete thinking on worry, problem-solving and cognitive processing in individuals with generalized anxiety disorder. **Dr. Martin M. Antony** is a co-investigator.

**Dr. Naomi Koerner** (principal investigator) received a \$14,777 Dissemination Events Grant from the Canadian Institutes of Health Research (CIHR) to organize and chair a panel discussion on barriers to the dissemination of cognitive-behavioural therapy within the Canadian healthcare system.

**Dr. Naomi Koerner** (principal investigator) received a \$5,000 New Initiatives Award from the Faculty of Arts (Ryerson University) to study neural responses to ambiguity in people with generalized anxiety disorder. **Drs. Ben Dyson** and **Margaret Moulson** are co-investigators.

**Dr. Karen Milligan** (co-investigator) received a \$35,000 grant from the Ontario Centre of Excellence in Child and Youth Mental Health to evaluate the how Mindfulness Martial Arts delivered at school improves mental health and school outcomes in youth at risk.

**Dr. Frank Russo** (co-investigator) received a \$473,678 Insight grant from the Social Sciences and Humanities Research Council of Canada (SSHRC) to investigate vibrotactile technology and gesture recognition for creative and artistic expression in hearing, deaf, and disabled Arts communities. Dr. Deborah Fels is the principal investigator.

**Dr. Julia Spaniol** (principal investigator) received a \$125,000 Discovery grant from the National Sciences and Engineering Research Council of Canada (NSERC) to conduct a behavioural and neuroimaging study on experience-based decision-making in younger and older adults.

**Dr. Kristin Vickers** (principal investigator) received an \$8,796 grant from the Summer Student Opportunity Fund, Office of Research Services (Ryerson University) to study individual differences in stress reactivity.

## World's Top Thinkers in Music, Mind, and Technology Meet at Ryerson

From August 7-12, the Department of Psychology was host to over 1000 delegates interested in research at the intersection of music, mind and technology. The main event was the biennial meeting of the *Society for Music Perception and Cognition (SMPC)*. With approximately 400 delegates in attendance this was the largest meeting ever held by the Society. On the last day of the meeting, Dr. Daniel Levitin of McGill University, author of "This is Your Brain on Music", provided an open lecture entitled "Music and the Brain – An Overview" that attracted approximately 350 members of the general public. The SMPC meeting also featured two satellite meetings: *CogMIR* (3rd annual meeting) and *AIRS* (5th annual meeting). *CogMIR* is a society founded by **Naresh Vempala** and **Frank Russo** of the Department of Psychology at Ryerson University. The society is concerned with cognitive approaches relevant to music informatics, inclusive of music analysis, music generation, music information retrieval, and computational modeling. A unique aspect of this meeting is its inclusion of academics and industry partners. *AIRS*, which stands for "Advancing Interdisciplinary Research in Singing," is a Major Collaborative Research Initiative sponsored by the Social Sciences and Humanities Research Council of Canada to advance interdisciplinary research on singing.



Guests enjoyed an evening of music, dance and dinner on this year's SMPC Banquet, held on a private charter cruise of Toronto's Harbourfront (top) and the poster session held at Ryerson (bottom).

# Welcome New MA Students!



**Bonnie Armstrong, PSY SCI (J. Spaniol)**

Bonnie received her Honours BA in Psychology from the University of Waterloo. As a member of the Memory and Decision Processes (MAD) Lab, she will pursue her research interests in process of cognitive aging and the complexities of cognitive decline.



**Dana Greenbaum, PSY SCI (L. Yang & M. Reed)**

Dana completed her Honours BA in Psychology at Ryerson University, and has been working in the Cognitive Aging Lab since 2010. She plans to conduct research in the Cognitive Aging Lab and Vision Science Lab, where she will study issues related to aging, memory and plasticity.



**Molly Atwood, CLIN (S. Cassin)**

Molly received her Honours BA in Psychology from Ryerson University. As a member of the Healthy Eating and Lifestyle (HEAL) Lab, she will pursue research on emotional eating and emotion regulation in bariatric surgery candidates.



**Jenny J.W. Liu, PSY SCI (M. Hadad & K. Vickers)**

Jenny completed her BA in Psychology from Ryerson University. This year, she joined the Psychophysiology Lab, where she will continue to study stress, meaning-making, and personal growth.



**Vera Choi, PSY SCI (L. Ma)**

Vera received her Honours BSc in Psychology at the University of Toronto. Working in the Early Childhood Cognition lab, she is interested in studying the developmental processes of how children understand and learn from others' behaviours.



**Jaclyn Ludmer, CLIN (L. Atkinson)**

Jaclyn completed her Honours BA in Psychology at Western University. In the Biopsychosocial Development Lab, she plans to explore how genes and maternal sensitivity interact to influence the infant cortisol response.



**Stephanie Cosma, CLIN (M. Gurevich)**

Stephanie completed her Honours BSc in Psychology at the University of Toronto. In the Gender, Health and Critical Psychology Lab, she plans to investigate discourses that promote frequent sexual activity with multiple partners among young heterosexual males, with a focus on cultural productions of scripts, practices, and power.



**Kristin Maich, CLIN (C. Carney)**

Kristin graduated with her Honours BA in Psychology from the University of Western Ontario and has a previous degree from McGill University in English Literature and Political Science. She is interested in exploring the relationships between sleep problems, mood disorders, and emotion regulation in the Sleep and Depression lab.



**Natalie Ein, PSY SCI (K. Vickers)**

Natalie completed her BA in Arts and Contemporary Studies (English option) from Ryerson University before taking additional courses in Psychology. In the Psychophysiology Lab, she plans to explore anxiety disorders and ways to alleviate their symptoms.



**Tamara Meixner, CLIN (K. Milligan)**

Tamara graduated from the University of Victoria where she received her honours BA in Psychology and a minor in French. She is thrilled to be part of the Child Self-Regulation Lab, and looks forward to evaluating integrated programs for mothers with addictions and their children.



**Marie Faaborg-Andersen, CLIN (T. Hart)**

Marie completed her Honours BA in Psychology from Concordia University. She recently joined the HIV Prevention Lab where her research will explore the association between sexual dysfunction and HIV transmission among men who have sex with men.



**Monique Tremblay, CLIN (D. Day)**

Monique completed her BA in Psychology at McMaster University, and worked as a research coordinator at the Hospital for Sick Children for the following year. In the Crime and Delinquency Lab, she plans to study adolescent delinquency and peer influence.



**Stuart Freedman, PSY SCI (T. Burke)**

Stuart completed his Honours BA in Clinical Psychology at Bishop's University. He is now working in the Psychology and Law lab and plans to conduct research on cyber justice.



**Gillian Wilson, CLIN (M. Antony)**

Gillian completed her Honours BA in Psychology at Queen's University. She recently joined the Anxiety Research and Treatment Lab where she plans to study the role of perfectionism in the onset, maintenance, and treatment of anxiety disorders, specifically social anxiety disorder and obsessive-compulsive disorder.



**Aliza Friedman, CLIN (S. Cassin)**

Aliza received her Honours BSc in Psychology from Queen's University. She recently joined the Healthy Eating and Lifestyle (HEAL) Lab where she plans on investigating emotional eating patterns in university students. Aliza's interests include eating disorders, mood disorders, and anxiety disorders.

# Recent Publications

- Leslie Atkinson**, Gonzalez, A., Basile, V., Maselis, M., Pereira, J., Chisholm, V.C. & Levitan, R. (in press). Maternal sensitivity and infant and mother adrenocortical function across challenges. *Psychoneuroendocrinology*.
- Baskin, C., & **Caitlin J. Davey** (2013). *Curriculum Review and Needs Assessment for Aboriginal Students: Laurentian University Barrie Campus*. Barrie, ON: Laurentian University.
- Morton Beiser**, Fenta-Wube, H., Baheretibeb, Y., Pain, C., Araya, M., & Taa, B. (2012). A comparison of emotional problems and their determinants among Ethiopian children in Addis Ababa, Ethiopia, and Toronto, Canada. *Transcultural Psychiatry*, 49, 651-677.
- Morton Beiser**, & Korzack, D. (2013). Posttraumatic Stress Disorder. In T. Barozzino, C. Hui, et. al. (Eds.), *Caring for children and youth new to Canada*. Ottawa, ON: Canadian Pediatric Society.
- Colleen E. Carney**, **Andrea L. Harris**, Falco, A., & Edinger, J. D. (2013). The relation between insomnia symptoms, mood and rumination about insomnia symptoms. *Journal of Clinical Sleep Medicine*, 9, 567-575.
- Colleen E. Carney**, & Manber, R. (2013). *Goodnight mind: Turn off your noisy thoughts and get a good night's sleep*. Oakland, CA: New Harbinger Publications.
- Colleen E. Carney**, **Taryn G. Moss**, **Molly E. Atwood**, Crowe, B.M., & Andrews, A.J. (in press). Are poor sleepers afraid of the dark? A preliminary investigation. *Journal of Experimental Psychopathology*.
- Colleen E. Carney**, **Taryn G. Moss**, **Anglea M. Lachowski**, & **Molly E. Atwood** (in press). Understanding mental and physical fatigue complaints in those with depression and insomnia. *Behavioral Sleep Medicine*.
- David M. Day**, **Sonya G. Wanklyn**, & Yessine, A. K. (in press). Risk-focused prevention for antisocial and delinquent behaviour: A review of conceptual and methodological issues in the developmental risk factor literature. *Child and Youth Care Forum*.
- David M. Day**, **Sonya G. Wanklyn**, Yessine, A. K. (2013). A review of terminological, conceptual, and methodological issues in the developmental risk factor literature for antisocial and delinquent behavior. *Child and Youth Care Forum*.
- Caitlin J. Davey**, **Kelly McShane**, McPherson, C., Pulver, A., & Ontario Federation of Indian Friendship Centres (in press). A realist evaluation of the Aboriginal Alcohol and Drug Worker Program for urban Aboriginal people. *Alcohol Treatment Quarterly*.
- Korzack, D., & **Morton Beiser** (2013). Depression. In T. Barozzino, C. Hui, et. al. (Eds.), *Caring for children and youth new to Canada*. Ottawa, ON: Canadian Pediatric Society.
- Janice R. Kuo**, Neacsiu, A.D., **Skye Fitzpatrick**, & **Danielle E. MacDonald** (in press). A methodological examination of emotion inductions in borderline personality disorder: A comparison of standardized versus idiographic stimuli. *Journal of Psychopathology and Behavioral Assessment*.
- Bethany A. Gee**, **Martin M. Antony**, & **Naomi Koerner** (2013). How do people perceive the disclosure of emotion? *Cognitive Therapy and Research*, 37, 579-586.
- Bethany A. Gee**, **Heather Hood**, & **Martin M. Antony** (2013). Anxiety disorders – A historical perspective. In T.G. Plante (Ed.), *Abnormal psychology through the ages*. Santa Barbara, CA: ABC-CLIO/Praeger.
- Trevor A. Hart**, **Tyler G. Tulloch**, & O'Leirigh, C. (in press). Integrated cognitive behavioral therapy for social anxiety and HIV prevention for gay and bisexual men. *Cognitive and Behavioral Practice*.
- Kormos, C., **Andrea Wilkinson**, **Caitlin J. Davey**, & Cunningham, A. (in press). Low birth weight and intelligence in adolescence and early adulthood: A meta-analysis. *Journal of Public Health*.
- Kuhle, X. B. & **Sarah Radtke** (2013). Born Both Ways: The alloparenting hypothesis for sexual fluidity in women. *Evolutionary Psychology*, 11, 304-323.
- Lehmann, R.J.B, **Alasdair M. Goodwill**, Gallasch-Nemitz, F., Biedermann, J., & Dahle, K-P. (2013). Applying crime scene analysis to the prediction of sexual recidivism in stranger rapes. *Law and Human Behavior*, 37, 241-254.
- Ma, Z., Li, J., Niu, Y., Yu, J., & **Lixia Yang** (2013). Age differences in emotion recognition between Chinese younger and older adults. *Psychological Record*, 63, 629-640.
- MacInnis, C. C., Busseri, M. B., **Becky L. Choma**, & Hodson, G. (2013). The happy cyclist: Examining the association between generalized authoritarianism and subjective well-being. *Journal of Research in Personality*, 55, 789-793.
- McFarlane, T. I., **Danielle E. Macdonald**, **Sarah Royal**, & Olmsted, M. P. (2013). Rapid and slow responders to eating disorder treatment: A comparison on clinically relevant variables. *International Journal of Eating Disorders*, 46, 563-566.
- Karen Milligan** & Badali, P. (in press). Using mindfulness martial arts to address self-regulation challenges in youth with learning disabilities: A qualitative exploration. *Journal of Child and Family Studies*.
- Taryn G. Moss**, **Angela M. Lachowski**, & **Colleen E. Carney** (2013). What all treatment providers should know about sleep hygiene recommendations. *The Behavior Therapist*, 36, 76-84.
- Nelson, A.L., **Valerie Vorstenbosch**, & **Martin M. Antony** (in press). Assessing fear of storms and severe weather: Validation of the *Storm Fear Questionnaire (SFQ)*. *Journal of Psychopathology and Behavioral Assessment*.
- Matilda E. Nowakowski**, & **Martin M. Antony** (in press). Reactions to teasing in social anxiety. *Cognitive Therapy and Research*.
- Meera Paleja** & **Julia Spaniol** (2013). Spatial pattern completion deficits in nondemented older adults. *Frontiers in Aging Neuroscience*, 5.
- Power, J., Brown, S.L., & **Amelia M. Usher** (2013). Non-suicidal self-injury in women offenders: Motivations, emotions, and precipitating events. *International Journal of Forensic Mental Health*, 12, 192-204.
- Roecklein, K., **Colleen E. Carney**, Wong, P., Steiner, J., Hasler, B., & Franzen, P. (2013). The role of beliefs and attitudes about sleep in seasonal and nonseasonal mood disorder, and nondepressed controls. *Journal of Affective Disorders*, 150, 466-473.
- Frank A. Russo**, **Naresh Vempala**, & Sandstrom, G. M. (2013). Predicting musically induced emotions from physiological inputs: Linear and neural network models. *Frontiers in Psychology*, 8, 468.
- Philippe Schnaider**, Belus, J. M., **Valerie Vorstenbosch**, **Candice M. Monson**, & Langhinrichsen-Rohling, J. (in press). The mediating role of attributions in the association between intimate relationship distress and depressive symptoms in a dating sample of undergraduate students. *Family Journal*.
- Sockalingam, S., **Stephanie E. Cassin**, Hawa, R., Khan, A., Wnuk, S., & Ukrainec, A. (in press). Predictors of post-bariatric surgery appointment attendance: The role of attachment style. *Obesity Surgery*.
- Julia Spaniol**, Schain, C., & **Holly J. Bowen**, (in press). Reward-enhanced memory in younger and older adults. *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*.
- Kristin Vickers** (2013). Psychological factors influencing inter-individual variation in carbon dioxide-induced stress response. In L. Cavalcanti, & S. Azevedo (Eds.), *Psychology of stress: New research*. New York, NY: Nova.
- Stephen C. Want** (in press). Three questions regarding the ecological validity of experimental research on the impact of viewing thin-ideal media images. *Basic and Applied Social Psychology*.
- Weissflog, M. J., **Becky L. Choma**, van Noordt, S. J. R., & Dywan, J., & Segalowitz, S. (in press). The political (and physiological) divide: Political orientation, performance monitoring, and the anterior cingulate responses. *Social Neuroscience*.
- Jonathan, M. Wilbiks**, & **Ben J. Dyson** (in press). Temporal and congruency contributions to competing auditory and visual sources. *Attention, Perception and Psychophysics*.
- Jonathan M. P. Wilbiks** & **Benjamin J. Dyson** (in press). Effects of temporal asynchrony and stimulus magnitude on competitive audio-visual binding. *Attention, Perception and Psychophysics*.
- Leanne K. Wilkins**, **Todd A. Girard**, Konishi K., **Matthew King**, Herdman, K. A., King J., Christensen, B., & Bohbot, V. (in press). Selective deficit in spatial memory strategies contrast to intact response strategies in patients with schizophrenia spectrum disorders tested in a virtual navigation task. *Hippocampus*.
- Wiltsey-Stirman, S., Shields, N., Deloriea, J., Landy, M., Belus, J. M., Maslej, M. M., & **Candice M. Monson** (2013). A randomized controlled dismantling trial of post-workshop consultation strategies to increase effectiveness and fidelity to an evidence-based psychotherapy for Posttraumatic stress disorder. *Implementation Science*, 8.
- Lixia Yang**, Li, J., **Julia Spaniol**, Hasher, L., **Andrea J. Wilkinson**, Yu, J., & Niu, Y. (2013). Aging, culture, and memory for socially meaningful contexts: An East-West cross-cultural comparison study. *PLoS ONE*, 8.
- Lixia Yang**, Chen, W., Ng, A. H., & Fu, X. (2013). Aging, culture, and memory for categorically processed information. *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*.

NOTE: This is a partial list. A full list will be available in the next Psychology Annual Report, to be published in Fall 2013.

# Recent Announcements, Awards and Other Contributions

**Dr. Martin M. Antony** was inducted as a *Fellow of the Royal Society of Canada*, effective November 2013.

**Dr. Martin M. Antony** received the *Toy Caldwell-Colbert Award for Distinguished Educator in Clinical Psychology*, from the Society of Clinical Psychology, American Psychological Association.

**Drs. Alba Agostino, John Turtle, and Kristin Vickers** were recognized in a survey of Ryerson students in residence as “*profs who made a mark.*”

**Dr. Morton Beiser** gave an invited address at the consultation meeting with Government of Germany, Department of Immigration in Berlin, Germany on disabled immigrants in Canada.

**Dr. Colleen Carney** was awarded the *Scientist-Practitioner Early Career Award* from the Canadian Psychological Association Clinical Section in June.

**Caitlin Davey** received the *Health Careers Bursary and Scholarship* from Inspire (formerly known as National Aboriginal Achievement Foundation).

**Dr. David Day** was selected for the second time to chair the Correctional Services and Youth Justice Research Committee for the *Ontario Ministry of Community Safety and Correctional Services (MCSCS)* and the *Ontario Ministry of Children and Youth*.

**Drs. David Day and Tae Hart** were promoted to Full Professor as of September 1, 2013.

**Skye Fitzpatrick** was elected as the *student representative on the Clinical Section Executive*, Canadian Psychological Association.

**Skye Fitzpatrick, Dana Greenbaum, and Mandi Torris** each received a 2013 *Dennis Mock Student Leadership Award*.

**Sara Gallant** received the *Donald O. Hebb Award for Best Poster Presentation* at the 2013 meeting of the Canadian Society for Brain, Behaviour, and Cognitive Science.

**Bethany Gee** received the *Canadian Psychological Association Clinical Section Travel Award* for best student presentation (\$750).

**Bethany Gee** received the *Canadian Psychological Association Travel Award Bursary* (\$100).

**Dr. Alasdair Goodwill** was named an adjunct faculty member at Charité Universitätsmedizin (Berlin, Germany) and University of Huddersfield (United Kingdom).

**Dr. Alasdair Goodwill** was named an affiliate member of the Forensic Psychology Research Centre (Ottawa, Canada).

**Dr. Candice Monson** was named a fellow of the American Psychological Association (APA) and of the Division of Trauma Psychology (APA Div. 56).

**Dr. Candice Monson** was named *Traumatic Stress Psychologist of the Year* by the Traumatic Stress Section of the Canadian Psychological Association.

**Sarah Radtke** won the 2013 *Henry Minton Award for Excellence* in research in the area of gay, lesbian and sexuality studies for her poster, *An exploration of female same sex behavior in relation to allomothering and grooming in a group of captive bonobos (Pan paniscus)*, at the meeting of the Canadian Psychological Association.

**Sarah Royal** won the 2013 *Leonard Krasner Dissertation Award* from the Association for Behavioral and Cognitive Therapies (ABCT).

**Sarah Royal** won the 2013 *Graduate Student Poster Award* from the Obesity and Eating Disorders Special Interest Group (OED-SIG), Association for Behavioral and Cognitive Therapies (ABCT).

**Dr. Frank Russo** was appointed as an Adjunct Professor in the Faculty of Music at the University of Toronto.

**Nicole Sugden** was elected as Ryerson's graduate student representative to the *American Psychological Association*.

**Kathleen Tallon** was elected as Ryerson's graduate student representative to the *Canadian Psychological Association*.

**Dr. Stephen Want** received the 2013 *Faculty of Arts Excellence in Teaching First-Year Classes Award*, Ryerson University.

**Ashley Ward** was awarded a *Lilly-Mood Disorders Association of Ontario (MDAO) Moving Lives Forward Scholarship* (\$2,000).

**Elizabeth Wong** was elected as Ryerson's graduate student representative to the *Association for Psychological Science*.

**Dr. Lixia Yang** was appointed by Wiley-Blackwell as an Associate Editor for *The Encyclopedia of Adulthood and Aging*.

*NOTE: This is a partial list. A full list will be available in the next Psychology Annual Report, to be published in Fall 2013.*

## QUESTIONS & COMMENTS

For questions or comments regarding content or submissions for future editions, please feel free to contact us:

### EDITOR

**Martin M. Antony**  
mantony@psych.ryerson.ca

### CO-EDITORS

**Skye Fitzpatrick**  
skyley.fitzpatrick@psych.ryerson.ca  
**Lisa Liskovoi**  
lisa.liskovoi@psych.ryerson.ca  
**Matilda Nowakowski**  
mnowakowski@psych.ryerson.ca

### DESIGN AND PRODUCTION EDITOR

**Lisa Vuong**  
lisa.vuong@psych.ryerson.ca

### MAILING ADDRESS

Department of Psychology  
Ryerson University  
350 Victoria Street  
Toronto, ON CANADA M5B 2K3

### OFFICE LOCATION

Department of Psychology  
9th Floor, Jorgenson Hall  
Ryerson University  
380 Victoria Street  
Toronto, ON CANADA M5B 2K3

### RESEARCH LABS

Psychology Research & Training Centre, and The Institute for Stress and Wellbeing Research  
105 Bond Street  
Toronto, ON CANADA M5B 2K3

[www.ryerson.ca/psychology](http://www.ryerson.ca/psychology)



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