

Full Accolades Listing

Research & Achievement Report

[The Urban Psychologist, Vol 1: Issue 2 | Winter 2009]
Compiled by Lisa Vuong

RED: Psychology Faculty Members **GREEN: Psychology Graduate Students**

Awards, Honours, & Appointments

Colleen Carney was elected Chair, Special Interest Groups, of the Association for Behavioral and Cognitive Therapies in October 2008.

Frank Russo was appointed as Consulting Editor, *Psychomusicology: Music, Mind & Brain* (December, 2008)

Frank Russo was appointed as Guest Editor, *Canadian Acoustics: Special Issue on Multidimensional and Multimodal Integration in Music* (March, 2009)

Frank Russo was appointed as Program Chair, Acoustics Week in Canada 2009

Frank Russo was elected to the Program Committee, Society for Music Perception & Cognition Conference, 2009

Jean-Paul Boudreau has been elected to the Board of Directors of the Canadian Psychological Association. He holds the Francophone seat for Member-at-Large. His 3-year term will begin in June 2008. One of his roles on the Board will be to Chair the CPA Publications Committee.

Jean-Paul Boudreau was appointed by the Canadian Council of Departments of Psychology to the Canadian Psychological Association Task Force on the Supply and Demand of Psychologists in Canada.

Maria Gurevich was appointed as Associate Editor (5-year term starting 2008) for *Psychology of Women Quarterly*.

Tae Hart was appointed as Affiliate Scientist at the Keenan Research Centre at St. Michael's Hospital in Toronto.

Trevor Hart was cross-appointed as Adjunct Assistant Professor to the School of Public Health Sciences in the Faculty of Medicine at the University of Toronto.

Wade Pickren was appointed Editor, *History of Psychology*, for the term 2010-2015.

Wade Pickren was appointed to the editorial board of *Psychological Studies*.

+ Faculty Grants

Colleen Carney (Principal Investigator) was awarded Ryerson's first NIMH R01 grant which is Ryerson's first federally funded clinical trial in December 2008. National Institutes of Health, National Institute of Mental Health (1/2008-11/2012); *Behavioral Insomnia Therapy for those with Insomnia and Depression*, Amount \$ 1 448 475.

David Day & R. T. Muller (Co-Investigators). Ryerson University Faculty of Arts SRC Fund Grant: \$6,996 grant. *Development of emotional and behavioural self-regulation in children living in residential treatment programs.*

Frank Russo, Co-Investigator (with Annabel Cohen, UPEI) and Theme Leader (Comparison of Singing and Speaking): *Advancing International Interdisciplinary Research in Singing*. Social Science and Humanities Research Council (Major Collaborative Research Initiative), \$2,498,500 (2009-2016).

Frank Russo, Co-Investigator (with Sri Krishnan, Ryerson): *Auditory Display of Biomedical Data*. ORS, Ryerson University: Fund for Interdisciplinary Studies, \$20,000 (2008-2010).

Frank Russo, Principle Investigator (with Deb Fels, Ryerson): *Multimodal interaction and substitution of musical information: Basic research and development of a new assistive technology for music*. ORS, Ryerson University: Fund for Interdisciplinary Studies, \$19, 667 (2008-2010).

Lixia Yang, Arts SRC Fund Research Grant, Faculty of Arts, Ryerson University, January 1, 2009 – January 1, 2010.

Maria Gurevich & **Wade Pickren** (with E. McCay, P. Albanese, A. Noack, & D. Ruffolo) Center for Urban Health Initiatives. Youth and Sexual Health RIG: *Healthy Sexualities, School-based Sex Education and Canadian Youth*, \$10,052.80 (2008).

Tae Hart, Co-Investigator, (with PI: David Latini) NIH National Cancer Institute (R01) *Submitted* February, 2009 "Symptom Management to Improve Bladder Cancer Patients' Quality of Life"

Tae Hart, Collaborator, (with PI: Susan Blacker) Cancer Care Ontario (*Submitted* January, 2009). Cancer Services Innovation Partnership "Waiting for the word: Addressing patient distress and communication."

Tae Hart, Co-Principal Investigator, Multiple Sclerosis Society of Canada *Submitted* October, 2008 "Internet based psychotherapy for depression and anxiety in MS"

Todd A. Girard (co-applicant) with J. M. Cantor (PI), H. E. Barbaree, R. Blanchard, R. Dickey, T. A. Girard, P. E. Klassen, D. J. Mikulis (co-applicants), N. Kabani (consultant): *Neuroanatomic features specific to pedophilia*. Operating grant received from the Canadian Institutes of Health Research (CIHR). Total amount: \$1,039,902 over 5 years (2008-2013).

Todd A. Girard received the Ryerson Research Assistant Program Fund for the Fall/Winter 2008-2009 (CAD \$ 4000), awarded for the research project "Investigation of internal bodily cues as contextual memory aids". Student RA: Juliet Peers.

Trevor Hart Principal Investigator, *HIV knowledge and risk among young adults in Pune, India* (2008-2009). Awarded for 1 year pilot study to examine HIV knowledge, attitudes and risk behaviors for HIV transmission among young adults in Pune, India. Funded by the Ryerson University International Initiatives Fund. Grant amount: \$19,960.

Trevor Hart Co-Investigator, *Youth Disability, HIV Vulnerability and Prevention* (P.I.'s: S. Flicker, M. Rioux, & S. Nixon; C.I.'s: T.A. Hart and colleagues). Awarded for a 1 year study to examine risk and protective factors for STI and HIV transmission among youth with disabilities. Funded through the Canadian Foundation for AIDS Research. (Co-Investigator; Principal Investigator – Sarah Flicker, Ph.D.). Grant amount: \$25,000 (2009-2010).

Trevor Hart Co-Investigator, *Eating Disorders and Body Dissatisfaction among Canadian Gay and Bisexual Men* (P.I.: D. Brennan; C.I.'s: T.A. Hart and colleagues). Awarded for study to examine body image disturbance and its association with sexual risk behaviours among gay and bisexual men. Funded by the Ontario HIV Treatment Network Community Capacity Building Grant (Co-investigator; Principal Investigator - David Brennan, MSW, PhD). Grant amount: \$9,818 (2008).

Journal Articles & Papers

Antony, M.M. (2008). Graduate training in evidence-based practice. *Psynopsis*, 30(4), 4.

Antony, M.M. (2009). Increasing access to internships in Canada. *Psynopsis*, 31(1), 8.

Carleton, R.N., Collimore, K.C., Asmundson, G.J.G., McCabe, R.E., Rowa, K., & **Antony, M.M.** (2009). Refining and validating the Social Interaction Anxiety Scale and the Social Phobia Scale. *Depression and Anxiety*, 26, E71-E81.

Carney, C.E., Ulmer, C., Edinger, J.D., Krystal, A.D., & Knauss, F. (Accepted). Assessing depression symptoms in those with insomnia: An examination of the Beck Depression Inventory Second Edition (BDI-II). *Journal of Psychiatric Research*.

Ceaser, D., Thompson, W. F., & **Russo, F. A.** (2009). Expressing tonal closure in music performance: Auditory and visual cues. *Canadian Acoustics*, 37, 29-34.

Cheyne, J.A. & **Girard, T. A.** (2009). The Body Unbound: Vestibular-Motor Hallucinations and Out-of-Body Experiences. *Cortex*, 45, 201-215.

Di Battista, A.M., **Hart, T. A.**, Greco, L., Glozier, J. (in press). Type 1 diabetes among adolescents: Reduced diabetes self-care caused by social fear and fear of hypoglycemia. *Diabetes Educator*.

Dyson, B.J. & Alain, C. (2008). It all sounds the same to me: Behavioural and ERP correlates of repeating and changing complex acoustic stimuli. *Cognitive, Affective and Behavioral Neuroscience*, 8, 329-343.

Easa, S., **Reed, M.J.**, and **Russo, F.** (2008). What do psychology and civil engineering have in common to promote well-being and excellence? *Canadian Civil Engineering, Fall 2008*, 14-18.

- Edinger, J.D., **Carney, C.E.**, & Wohlgemuth, W. (2008). Pre-therapy cognitive dispositions and treatment outcome in behavioral insomnia therapy. *Behavior Therapy, 39*, 4, 406-16.
- Edinger, J.D., Means, M.K., **Carney, C.E.**, & Krystal, A. D. (2008). Psychomotor performance deficits and their relation to prior nights' sleep among individuals with Primary Insomnia. *Sleep, 31*, 5, 599-607.
- Edinger, J.D., Olsen, M.K., Stechuchak, K.M., Means, M.K., Lineberger, M.K., Kirby, A., **Carney, C.E.** (Accepted). Cognitive Behavioral Therapy with Primary and Comorbid Insomnia: A randomized clinical trial. *Sleep*.
- Gros, D.F., **Antony, M.M.**, McCabe, R.E., & Swinson, R.P. (2009). Frequency and severity of the symptoms of irritable bowel syndrome across the anxiety disorders and depression. *Journal of Anxiety Disorders, 23*, 290-296.
- Halpern, J., **Gurevich, M.**, Schwartz, B., & Brazeau, P. (In Press). Interventions for critical incident stress in emergency medical services: A qualitative study. *Stress and Health*.
- Hart, S.L.**, & Bowen, D.J. (2009). Sexual orientation and intentions to obtain breast cancer screening. *Journal of Women's Health, 18*, 177-185.
- Hart, T. A.** and **Schwartz, D.** (in press). Cognitive behavioral erectile dysfunction treatment for the single gay man. *Cognitive and Behavioral Practice*.
- Hunter, P., & **Antony, M.M.** (2009). Cognitive-behavioral treatment of emetophobia: The role of interoceptive exposure. *Cognitive and Behavioral Practice, 16*, 84-91.
- Kennett, D.J. and **Reed, M.J.** (2009). Factors Influencing Academic Success and Retention following a First Year Post-Secondary Success Course. *Education Research and Evaluation* (in press).
- Latini, D.M., **Hart, S.L.**, Coon, D.W., & Knight, S.J. (2009). Sexual rehabilitation after localized prostate cancer: Current interventions and future directions. *The Cancer Journal, 15*, 34-40.
- McShane, K. E.**, & Hastings, P. D. (In Press). Psychological control in parents of preschoolers: Implications for behavior in early child care settings.
- McShane, K. E.**, & Smylie, J. K. (In Press). First Nations, Inuit, and Métis children's health. In JK Smylie et al, Indigenous Children's Health. Health Canada.
- McShane, K. E.**, Hastings, P. D., Smylie, J. K., Prince, C., & Tungasuvvingat Inuit Family Resource Centre (In Press). Examining evidence for autonomy and relatedness in urban Inuit parenting.
- Moscovitch, D.A., Orr, E., Rowa, K., Gehring Reimer, S., & **Antony, M.M.** (2009). In the absence of rose-colored glasses: Ratings of self-attributes and their differential certainty and importance across multiple dimensions in social phobia. *Behaviour Research and Therapy, 47*, 66-70.
- Rector, N.A., **Antony, M.M.**, Laposa, J.M., Kocovski, N.L., & Swinson, R.P. (2008). Assessing content domains of repetitive thought in the anxiety spectrum: Rumination and worry in nonclinical and clinical samples. *International Journal of Cognitive Therapy, 1*, 352-377.

Russo, F. A., & Pichora-Fuller, M. K. (2008). Tune-in or tune-out: Age-related differences in listening to speech in music. *Ear and Hearing*, 29, 746-760.

Smylie, J. K., **McShane, K. E.**, Crengle, S., Taualii, M., Freemantle, J., Macaulay, D., Gallaher, G., & Adomako, P. (In Press). Indigenous Children's Health. Health Canada.

Spaniol, J., Davidson, P. S. R., Kim, A. S. N., Han, H., Moscovitch, M., & Grady, C. L. (in press). Event-related fMRI studies of episodic encoding and retrieval: Meta-analyses using activation likelihood estimation. *Neuropsychologia*.

Spaniol, J., Voss, A., & Grady, C. L. (2008). Aging and emotional memory: Cognitive mechanisms underlying the positivity effect. *Psychology and Aging*, 23, 859-872.

Thompson, W. F., **Russo, F. A.**, & Quinto, L. (2008). Audio-visual integration of emotional cues in song. *Cognition & Emotion*, 22, 1457-1470.

Turtle, J. & Want, S.C. (2008). Logic and research vs. intuition and past practice as guides to gathering and evaluating eyewitness evidence. *Criminal Justice and Behavior*, 35, 1241-1256.

Vettese, L. C., Toneatto, T., Stea, J., Nguyen, L., & Wang, J.J. (in press). Do mindfulness meditation participants do their homework? And does it make a difference? A review of the empirical evidence. *Journal of Cognitive Psychotherapy*.

Wang, J.Y., **Hart, S.L.**, & Varma, M.G. (in press). The constipation-related quality of life instrument. *Diseases of the Colon and Rectum*.

Want, S.C., Vickers, K. & Amos, J. (in press). The influence of television programs on appearance satisfaction: Making and mitigating social comparisons to "Friends". *Sex Roles*.

Yang, L., & Reed, M., Russo, F., & Wilkinson, A. (in press). A new look at retest learning in older adults: learning in the absence of item-specific effects. *Journal of Gerontology: Psychological Sciences*.

Books

Antony, M.M., & Norton, P.J. (2009). *The anti-anxiety workbook: Proven strategies to overcome worry, panic, phobias, and obsessions*. New York: Guilford Press.

Antony, M.M., & Swinson, R.P. (2009). *When perfect isn't good enough: Strategies for coping with perfectionism* (2nd edition). Oakland, CA: New Harbinger Publications.

Butcher, J.N., Mineka, S., Hooley, J.M., Taylor, S., & **Antony, M.M.** (2010). *Abnormal Psychology* (1st Canadian edition). Toronto, ON: Pearson Education Canada.

Glassman, W.E., & Hadad, M. (2009). *Approaches to Psychology* (5th ed.) UK: Open University Press/McGraw-Hill Education.

TRANSLATED BOOKS:

Mandarin & Polish (Published Fall 2008): **Antony, M.M.**, & Swinson, R.P. (1998). *When perfect isn't good enough: Strategies for coping with perfectionism*. Oakland, CA: New Harbinger Publications.

Dutch, Portuguese & Mandarin: **Glassman, W.E.**, & **Hadad, M.** (2009). *Approaches to Psychology* (5th ed.) UK: Open University Press/McGraw-Hill Education. This book is being sold in four languages across six continents.

 **Book Chapters**

Carney, C.E. & Edinger, J.D. (In press). Multimodal Cognitive Behavior Therapy (CBT). In M. Sateia & D.J. Buysse (Eds.), *Insomnia: Diagnosis and Treatment*. Informa Healthcare Inc., NY.

Dyson, B. J. (in press). Aesthetic appreciation of pictures. In B. Goldstein (Ed.) *Encyclopedia of Perception*. Sage: UK.

Edinger, J.D., & **Carney, C.E.** (In press). Cognitive and Behavioral Therapies for Insomnia. In Clete A. Kushida (Ed.), *Handbook of Sleep Disorders*. Taylor & Francis.

Edinger, J.D., **Carney, C.E.**, Means, M.K., & Manber, R. (In press). Psychological and Behavioral Treatments II: Implementation and Specific Populations. In M.H. Kryger, T. Roth and W. C. Dement (Eds.), *Principles and Practice of Sleep Medicine*, 5th Edition. W.B. Saunders: Philadelphia, PA.

McShane, K. E., Schaefer-McDaniel, N. (2008). Parenting in the context of marginalization: Moving towards a comprehensive framework. Chapter to appear in *Parenting: Styles, Stresses, and Strategies*.

Russo, F. A. (2009). Towards a functional hearing test for musicians: The probe tone method. In M. Chasin's (Ed.) *Hearing Loss in Musicians*. San Diego, CA: Plural Publishing, pp. 145-152.

 **Conference Presentations & Proceedings**

Antony, M.M. (2008, November). *Cognitive-behavioral therapy for perfectionism*. Clinical Grand Rounds presented at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Antony, M.M. (Discussant) (2009, March). In R.N. Carleton (Chair), *Intolerance of uncertainty and psychopathology: Current theory, application, and future research directions*. Symposium presented at the meeting of the Anxiety Disorders Association of America, Santa Ana Pueblo, NM.

Belanger, J., Hart, S.L., Berian, J., Del Rosaio, A., Lee, J., Varma, M.G. (2008, November). *Constipation and Quality of Life: Psychological Symptoms Mediate the Relationship Between Constipation Severity and Mental Health Related Quality of Life*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

Boivin, M., **Antony, M.M.**, McCabe, R.E., & Swinson, R.P. (2009, March). *Self-help for social phobia: A randomized controlled trial examining various levels of therapist involvement*. Paper presented at the meeting of the Anxiety Disorders Association of America, Santa Ana Pueblo, NM.

Brown-Bowers, A., **Gurevich, M.**, Dang, L., Wright, L.A., & Wagner, J. Secret yearnings, secret learnings: Young women's thoughts on gender segregation in school-based sex education. Paper accepted for presentation to the Association for Women in Psychology Conference, Rhode Island, March 12-15, 2009.

Carleton, R.N., Collimore, K.C., Asmundson, G.J.G., McCabe, R.E., Rowa, K., & **Antony, M.M.** (2008, November). *SPINning factors: A state-of-the-art factor analytic comparison of the Social Phobia Inventory in Clinical and Nonclinical Samples*. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Culp, D.E., Hart, S.L., Katz, L., Varma, M.G. (2008, November). *The effect of colorectal cancer symptoms and appraisals on depression*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

Ghai, A., Rodas, J.R., & **Hart, T.A.** (2008, November). *HIV risk and testing behaviours among South Asian Canadian young adults: the role of social context and individual-level variables*. Poster presented at the Forty-Second Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Ghai, A., Rodas, J.R., **Hart, T.A.**, & Ali, F. (2008, November). *HIV risk and testing behaviours among South Asian Canadian young adults: the role of social context and individual-level variables*. Poster presented at the 2008 Ontario HIV Treatment Network Conference, Toronto, ON.

Girard, T. A., Christensen, B. K., & Lafaille, S. J. (2008). *Episodic memory and regional grey matter in Schizophrenia: A voxel-based morphometry study*. *Canadian Journal of Experimental Psychology*, 62, 272.

Gurevich, M. Desiring subjects: Situating sexuality and youth research within feminist critical psychology. Symposium paper accepted for presentation at the Association for Women in Psychology conference. *Selected for Feminist Science Track*. *Critical Feminist Psychology: new theory and research, activism and practice*. Newport, Rhode Island, March 12-15, 2009.

Gurevich, M., Dang, L., Brown-Bowers, A., Wright, L.A., & Wagner, J. "This is what I want, this is what I don't want": Young women establishing sexuality boundaries. Paper accepted for presentation to the American Psychological Association Conference, Toronto, August 6-9, 2009.

Harris, A. L., **Carney, C.E.**, & Edinger, J. D. (June, 2009). Is pre-sleep cognitive arousal strictly a pre-sleep phenomenon? Poster accepted for presentation at SLEEP. Seattle, WA.

Harris, A. L., **Carney, C.E.**, & Edinger, J. D. (June, 2009). Disentangling rumination and worry in those with clinical insomnia. Poster accepted for presentation at SLEEP. Seattle, WA.

Harris, A. L., **Carney, C.E.**, Edinger, J. D., & Hart, S. (August, 2009). Rumination and worry in those with clinical insomnia: "It's like day and night". Poster accepted for presentation at the American Psychological Association Conference. Toronto, ON.

Hart, S.L., Belanger, J., Berian, J., Varma, M.G. (2008, November). *Peritraumatic distress is associated with psychological distress, insomnia, and fatigue after diagnosis of colorectal cancer*. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

James, C.A., **Wagner, A.C.,** Roberts, K.E., and **Hart, T.A.** (2008, November). *Predictors of Unprotected Vaginal Intercourse (UVI) among young adults: Testing the Information, Motivation, Behavioural Skills Model*. Poster presented at the Forty-Second Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Karam, M., Nespoli, G., **Russo, F. A.,** & Fels, D. I. (2009). Modeling perceptual elements of music using a vibrotactile display: A field study. Proceedings of the International Conferences on Advances in Computer-Human Interactions, Cancun, Mexico.

Katz, L., **Culp, D.E., Hart, S.L., Hart, T.A.,** Varma, M.G. (2008, November). *Multidimensional coping predicts less negative affect over time in colorectal cancer patients*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

Koerner, N., Antony, M.M., McCabe, R.E., & Young, L. (2008, November). *Cognitive change as a predictor of outcome following cognitive-behavioral treatment for social anxiety disorder*. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Latini, D.M., Hersom, J., **Hart, S.L.,** Teague, R., Knight, S.J. (2008, December). *Fear of recurrence and attachment style predict distress in men selecting active surveillance*. Poster presented at the 9th Annual Health Services and Outcomes Research Conference, Houston, TX. **First place poster winner in Quality of Life category.**

Maksimowski, M. & Russo, F. A. (2008). Cross-modal integration in music perception. Proceedings of Acoustics Week in Canada, Canadian Acoustics, 36, 102-103, Vancouver, Canada.

McCabe, R.E., Rowa, K., **Antony, M.M.,** Young, L., & Swinson, R.P. (2008, November). Using motivational interviewing to augment treatment outcome with exposure and response prevention for obsessive compulsive disorder: Preliminary findings. In H.A. Westra (Chair), *Using motivational interviewing and motivational enhancement to engage individuals with cognitive behavioral therapy for anxiety*. Symposium presented at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Paleja, M., Girard, T. A., Christensen, B. K., & **Spaniol, J.** (2008). *Diffusion model analysis of episodic memory retrieval in Schizophrenia*. Canadian Journal of Experimental Psychology, 62, 287.

Patel, A., Tierney, A., & **Russo, F. A.** (2008). Empirical comparisons of pitch patterns in music, speech, and birdsong. Proceedings of the 10th International Conference on Music Perception and Cognition, Sapporo, Japan.

Patel, R., Girard, T. A., Green, R. E. A. (2008). *Emotional enhancement of conscious recollection is suppressed by direct vs. indirect encoding of faces*. Canadian Journal of Experimental Psychology, 62, 287-288.

Radtke, S. (2009, February). *Homosexual versus heterosexual males in mating strategies: An evolutionary perspective*. Poster presented at the meeting of the Society for Personality and Social Psychology, Tampa, FL.

- Russo, F.A.**, Jones, J., & Abdoli-E., M. (2008, October). Effect of frequency in virtual rumble strips. Paper presented at Acoustics Week in Canada, Vancouver, Canada.
- Roberts, K. E., Fulco, T., **Hart, T. A.**, & Eastwood, J. D. (2008, November). *Attentional biases in individuals high and low in social anxiety*. Poster presented at the Forty-Second Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Roberts, K. E., **Hart, T. A.**, James, C. A., & Kankesan, D. (2008, November). Predictors of psychosocial distress among HIV-positive and HIV-negative men who have sex with men. In D. Pantalone and T. Hart (Chairs), *The Role of Psychological Trauma in Chronic Disease*. Symposium presented at the forty-second annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Roberts, K.E., Petrovic, B., Di Domenico, M., & **Hart, T.A.** (2008, November). *Moral/Religious Internalized Homophobia and Unprotected Anal Intercourse among Men who Have Sex With Men*. Poster presented at the Forty-Second Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Roberts, K.E., Petrovic, B., Di Domenico, M., & **Hart, T.A.** (2008, November). *HIV Risk Behaviour and Internalized Homophobia among HIV-Positive and HIV-Negative Men Who Have Sex With Men*. Poster presented at the 2008 Ontario HIV Treatment Network Conference, Toronto, ON.
- Sandstrom, G.**, Nespoli, G., **Russo, F.A.** (2009, February). *Musical valence and arousal in the regulation of stress*. Poster presented at the meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Schwartz, B., Maunder, R.G., Halpern, J., & **Gurevich, M.** Factors affecting psychological outcomes following critical incidents in emergency medical technicians. Paper presented at the National Association of EMS Physicians Annual Meeting. Jacksonville, Florida, January, 22-24, 2009.
- Spaniol, J.**, **Bowen, H. J.**, Blackwood, S., Allami, H., Voss, A., & Grady, C. L. (2008, November). Asymmetric effects of age on perception of neutral and emotional stimuli. *Paper presented at the 49th Annual Meeting of the Psychonomic Society*, Chicago, IL.
- Vettese, L.C.** (November, 2008). Do Mindfulness Meditation Participants Do Their Homework? And Does It Make a Difference? A Review of the Empirical Evidence. Paper presented at the 42nd meeting of the Association for Behavioural and Cognitive Therapies, Orland, FL.
- Vettese, L.C.**, Li, L., **Rogojanski, J.**, & Toneatto, T. (March, 2009). Measuring Mindfulness in the Context of Addiction. Poster presentation at the 7th Annual Conference for Integrating Mindfulness-Based Interventions Into Medicine, Health Care, and Society, Worcester, MA.
- Vettese, L.C.**, **Rogojanski, J.**, Moss, T., Li, L., & Toneatto, T. (November, 2008). Mindfulness Skills Training in Substance Use Treatment: Do Clients Find it Helpful? Poster presented at the 42nd meeting of the Association for Behavioural and Cognitive Therapies, Orland, FL.
- Wagner, A.C.**, **Hart, T.A.**, Ivanova, E., **Schwartz, D.R.**, Mohammed, S., Wong, J., Loutfy, M. (2008, November). *Correlates of Psychological Distress in HIV Positive (HIV+) Women*. Poster presented at the Forty-Second Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Workshops, Invited Lectures, & Colloquia

Antony, M.M. (2008, November). *Conquering anxiety disorders: Treatments that work*. Two day workshop presented Cape Breton Regional Hospital, Sydney, NS.

Carney, C.E., Edinger, J.D., Krystal, A.D. (May, 2009). Heterogeneous insomnia subtypes: Implications for understanding the arousal construct and its relation to comorbidity and spectral EEG. Accepted for oral presentation at the Canadian Sleep Society Meeting, Toronto, ON.

Carney, C.E. & Edinger, J.D. (Nov. 2008). Dissemination empirically validated insomnia treatment strategies. Association of Behavioural and Cognitive Therapies. Orlando, FL.

Carney, C.E. (Jan. 2009). Cognitive Behaviour Therapy for insomnia treatment strategies. Ryerson Student Counseling Centre, Ryerson University.

Fels, D., & **Russo, F. A.** (2008, October). Feel the music. Public Lecture and Live Emotichair Demonstration at the Ontario Science Centre, Toronto, Canada

Gurevich, M., Wright, L.A., Brown-Bowers, A., Dang, L., & Wagner, J. Are they doing desire differently?: Canadian youth developing sexual selves. Paper to be presented at the Centre for Urban Health Initiatives (CUHI), Research Interest Group (RIG): *Determinants of Sexual Health for Youth*, Toronto, April 2, 2009.

Hart, S.L. (2008, October). *Cancer and couples: Research findings and psychosocial considerations*. Presentation at Hematology/Oncology Grand Rounds, St. Michael's Hospital, Toronto, ON.

Hart, T. A. (2008, September). Implementation of health behaviour theory. Invited lecture for course in Health Behaviour Change, University of Toronto Dalla Lana School of Public Health.

Pickren, W.E. (2009, March). *Three Divas: The careers and contributions of three remarkable women psychologists, Karen Machover, Molly Harrower, and Ethel Tobach*. Historian's Address, Eastern Psychological Association, Pittsburgh, PA.

Robinson, T., & **Vettese, L.C.** (October 23, 2008). Managing Chronic Pain with Mindfulness Interdisciplinary Treatment. Presentation at Grand Rounds, Credit Valley Hospital.

Russo, F. A. (2009, February). Discover your hidden Diva: Electromyographic evidence for imitation in perception of song. Ryerson Music Series: Interdisciplinary Perspectives.

Russo, F. A. (2008, December). Presenter for Workshop on New Faculty Grantsmanship. Office of Research Services, Ryerson University.

Media

David Day (January 13, 2009) “School lockdowns.” Interview on CBC News at Six (CBOT-TV, Ottawa, and CBLT-TV, Toronto).

David Day (November 17, 2008) “Lockdown or lockup?” Interview for the Toronto Sun, Toronto, Ontario.

Frank Russo - More than 100 stories (in print, television and radio) appeared worldwide in February featuring quotes/interviews with Dr. Russo regarding the Emoti-chair and the Concert for the Deaf and Hard of Hearing (March 5th). Coverage included CBC Radio and Television, Global Television, Radio-Canada, Bravo, National Post, Discovery Channel (Canada), Deaf News Today, Paste Magazine (US), The Guardian, New Scientist (UK), Idealize (Netherlands), Play (Czech Republic), Gorod (Latvia), Fedpress (Russia), Haoneg (Israel), & Tecnologia Lazer (Brazil). Internet coverage of the story became viral in the form of story adaptations, commentary and widespread blogging (Google search for “Emoti-chair” on February 21, yielded more than 25,000 hits).

Kelly McShane - Interviewed with community partner Connie Siedule about our community-based research project which developed and evaluated a CD-Rom as a prenatal health promotion tool. Interview was conducted by Julie Cunningham, the Research and Liaison officer of DIALOG network, a research and knowledge network relating to aboriginal peoples (including researchers, students and aboriginal community partners).

Maria Gurevich (August 21, 2008) *Teenagers' sex habits changing: StatsCan; CHR official praises increase in condom use*. Expert commentary for the Calgary Herald, on the Statistics Canada teen sexuality survey (2005 Canadian Community Health Survey) (by Michelle Lang)

Maria Gurevich (June 28 & July 22, 2008) Expert commentary for *Plastic Makes Perfect*, Slice TV, airing Winter 2009.

Martin Antony Since November, Martin Antony was interviewed on the topic of perfectionism (Boston Globe, PsychCentral.com, Sirius/XM Radio, Vitality Magazine (USA), and Sydney Morning Herald (Australia). He was also quoted in the North Bay Nugget (social anxiety), and WebMD Magazine (blood and needle phobias).

Trevor Hart's research on HIV prevention among gay and bisexual men was featured in Ryerson University's Research and Innovation magazine, *Intersections*.

Other

A new study by Redding and colleagues (2008, *Professional Psychology: Research and Practice*) obtained expert ratings regarding the extent to which 50 top-selling self-help books for anxiety, depression, and trauma were both useful and scientifically grounded. *The Shyness and Social Anxiety Workbook* (co-authored by **Martin Antony**) was tied for second place, based on computed “total quality scores.”

A new study by Abramowitz and colleagues (2009, *Journal of Behavior Therapy and Experimental Psychology*) compared treatment using the self-help book, *The Shyness and Social Anxiety Workbook* (by **Martin Antony** and Richard Swinson) to a wait-list control condition and found that this self help treatment (combined with infrequent therapist visits) was effective for reducing social anxiety, severity of illness, general anxiety, and depression.