Message from the Vice-Provost, Students

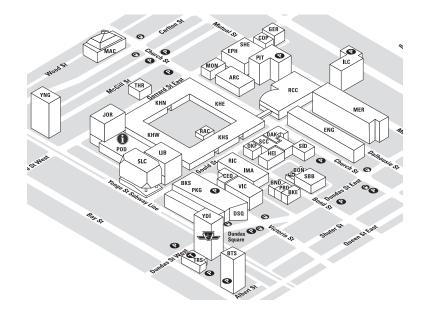
At Ryerson, students are our top priority.
We want you to succeed in your academic career.
There are extensive services that available to help you do that during your time here, and there are many people you can connect with to get additional support.

Keep this brochure handy – you never know when you will:

- Want to contact one of the offices listed to ask a question;
- Attend a workshop or event;
- Ask for help in solving a crisis;
- Volunteer to work with your peers;
- · Help a fellow student; or
- Enjoy the programs, services and facilities that are offered to all Ryerson students.

Make a commitment to yourself to get all you can out of your university experience. We are a diverse community of students, faculty and staff who all have a role to play in its vibrancy and energy. Get involved and make Ryerson your home!

lan Crookshank
Interim Vice Provost, Students



Student Life Programs	POD-61	Housing and Residence Life	PH-100
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Support

Success!

Ryerson Services for Students

POD-61 | ryerson.ca/studentaffairs

Ryerson Aboriginal Student Services

We are a culturally supportive environment that promotes academic excellence and offers a place to balance academic learning with traditional teachings and culture.

KHW-389 & KHW-372 416-979-5000 x 7699 ryerson.ca/aboriginal ssaikkon@ryerson.ca

Athletics

Learn how you can get involved in fitness classes, organized intramurals, varsity athletics, open recreation gym time, workshops, seminars and much more. Ryerson has two athletic facilities to serve the needs of students: the Recreation and Athletics (RAC) and the newly revamped Mattamy Athletic Centre at the Gardens (MAC). Also, as a Ryerson student, you receive FREE admission to all Ryerson Rams basketball, hockey, soccer and volleyball home games. Join the loudest student section in Ontario University Athletics and cheer the Rams to victory! MAC & RAC | 416-979-5096 ryersonrams.ca | rac@ryerson.ca

Student Conduct Office

The Student Code of Non-Academic Conduct promotes community standards of respect, civility and safety that all students are expected to uphold. We address complaints of student misconduct brought forth by Ryerson community members.

POD-60 | 416-979-5000 x2741 ryerson.ca/studentcode | rsco@ryerson.ca

Consent Comes First Office of Sexual Violence Support and Education

If you have been subjected to sexual harassment or violence, you are not alone. The Office provides support to Ryerson community members affected by sexual violence with resources, advocacy and options. We also provide university-wide awareness, training and programming.

ryerson.ca/sexualviolence osvse@ryerson.ca

Office of the Registrar

ryerson.ca/registrar

The RO is involved in your entire academic experience from admission through to graduation. Our front-line services are integrated in the ServiceHub – your 'one-stop' shop for questions about the application and admissions process, submission and/or pick-up of documents (e.g., official transcripts) and completed forms (e.g., third party letters, degree certificates), student financial assistance (e.g., OSAP and scholarships), course enrolment, Continuing Education course registration, class schedules, exams, applying to graduate, RAMSS support, tuition, fees and more.

Ask us questions at: ask.ryerson.ca POD-150 – next to The Hub Cafe

416-979-5036 ryerson.ca/registrar/servicehub @RUServiceHub

Student Dispute Resolution Services

We provide one-stop support to help students resolve complex problems with multiple university academic and administrative departments. We consult with the Ryerson community to identify and provide outreach to students in need of extra support and resources.

POD-60 | 416-979-5000 x3331 ryerson.ca/student-care | studentcare@ryerson.ca

Student Affairs

Career & Co-op Centre

With our Faculty based model, you will have a dedicated Career Education team for your program of study. Working closely with both employers and Faculty, we provide the knowledge, tools and resources needed to build your career - whether it's looking for your first work experience, taking part in one of our 23 Co-op programs or that graduate job. Discover the personal support, programming and employer events available to help you achieve your goals. Looking for a part-time role? We run Ryerson's work study program, Career Boost. Supporting you to build your 'career for life', all of our services are available for up to five years after graduating.

POD-60 | 416-979-5177 | career@ryerson.ca ryerson.ca/career | ryerson.ca/co-op

International Student Support

International Student Support (ISS) offers a diverse range of intentional student development programming and support to all students. ISS is an office within Student Life that ensures students find community, a sense of belonging, and are supported in all aspects of being an international student. ISS nurtures student engagement and success through exceptional experiences including providing immigration advising, health insurance support, and status letters.

POD-50A | 416-979-5000 x 6655 ryerson.ca/internationalstudentsupport issask@ryerson.ca

Housing & Residence Life

Our goal is to support all Ryerson students with Housing needs. In Residence, our team of staff and student leaders will help you build community, deepen your learning, and connect you to campus and beyond. Our Off-Campus Housing Program supports students with their housing related questions and issues if they are living anywhere off-campus.

PIT-100 | 416-979-5284 ryerson.ca/housing | housing@ryerson.ca

Student Life Programs

Make the most out of your student experience. We can help you find ways to get involved and build community on campus. We host Campus Events throughout the year to help students get involved, build a sense of community and foster campus pride.

POD-61 | ryerson.ca/studentlife/programs connectru.ryerson.ca/organization/SLP studentlife@ryerson.ca

Orientation

We host Orientation Week at Ryerson to welcome incoming students to campus by introducing them to peers, staff and faculty through events and programming that foster a sense of belonging and create campus connections.

orientation.ryerson.ca

Student Event Management

We have designed a process to help demystify event planning and ensure that student events are safe and successful. If you are planning a Ryerson event, a Student Event Management Form should be completed and submitted at least seven business days prior to the event.

POD-61 | 416-979-5000 ext. 7352 ryerson.ca/studentlife/programs/event-riskmanagement/

Leadership

You are already a leader. Realize your potential with RU Leadership. RU Leadership uses your experiences on campus and in your community to educate and inform programs focused on your evolution as a leade.

POD 61 | ryerson.ca/leadership k8taylor@ryerson.ca

Student Initiatives Fund

Are you or your student group looking for seed funding to get an initiative started? The Student Initiatives Fund (SIF) offers funding for various student initiatives that improve student life and help develop a sense of community at Ryerson.

POD-61 | 416-979-5000 ext.7352 ryerson.ca/sif | SIF@ryerson.ca

Tri-Mentoring Program (TMP)

The Tri-Mentoring Program is a centralized model that offers mentorship opportunities to students of all identities across all faculties. The program matches 1st year students with upper year students in the same program or with similar interests in order to help incoming students successfully transition into their 1st year at Ryerson. Mentors then have the opportunity to be matched with an industry professional & will gain guidance and encourage students to progress towards their goals. The TMP also has community meetings for various equity seeking groups on campus.

POD-54 | ryerson.ca/trimentoring tmentor@ryerson.ca

Centre for Student Development and Counselling

Professional counsellors provide free and confidential same day, individual and group counselling. We manage the Ryerson Safe House Program which offers support and access to short-term emergency shelter to students with urgent safety concerns.

JOR-07-C | 416-979-5195 ryerson.ca/counselling | csdc@ryerson.ca

Health Promotion

At Health Promotion Programs we strongly believe that Healthy Students Make Better Learners and that health and resilience are major contributors to student academic success. Our Peer Program, SHARP (Student Health Assistance and Resilience Program) supports students to develop lifelong skills for managing your health and wellbeing so you can excel in your

academic or work life. Our work positions students to be better prepared when challenges occur so as to reduce the extent to which your academics are negatively impacted.

POD-256C | 416-979-5000 x4295 ryerson.ca/healthandwellness/ healthpromotion/sharp/ connectru.ryerson.ca/organization/SHARP healthpromotion@ryerson.ca

Medical Centre

Family physicians and psychiatrists provide registered Ryerson students, staff and faculty a wide range of medical services, including assessment and treatment of common medical problems, routine examinations and mental health assessments.

KHW-181 | 416-979-5070 ryerson.ca/medicalcentre medicalct@ryerson.ca

Student Learning Support

If you would like to further develop your academic skills, we have a variety of programs and services available to help you.

4th Floor Student Learning Centre 416-598-5978 | sls@ryerson.ca ryerson.ca/sls | @Ryerson_SLS

Academic Accommodation Support

As Ryerson University's disability services office, we work confidentially and directly with incoming and returning students who live with both temporary and permanent disabilities that impact their academic functioning. We can help you achieve your academic and personal goals with a variety of services including an individualized academic plan, guidance on the use of adaptive technologies, and support from a learning strategist.

4th Floor Student Learning Centre sls@ryerson.ca | 416-598-5978

English Language Support

If you are a multilingual student at Ryerson and want to improve your English language skills, have a look at the programs we have available for you. You can participate in individual and group sessions, and classroom instruction to help improve your writing, speaking and listening, oral presentation, and reading skills.

4th Floor Student Learning Centre sls@ryerson.ca | 416-598-5978

Graduate Student Support

We offer services for Master's or PhD students. Book an individual appointment, join a graduate writing group, meet with a dissertation coach, or attend a Dissertation Retreat to develop academic skills specific to graduate education.

4th Floor Student Learning Centre sls@ryerson.ca | 416-598-5978

Math Support

Drop-in tutoring, course specific group tutoring, online tutoring and facilitated study groups are available to improve your math skills and support your success in math-related courses across all faculties.

4th Floor Student Learning Centre sls@ryerson.ca | 416-598-5978

Study Skills and Transition Support

Programs to help you develop study skills through workshops, individual support, group study and tutoring. We can help you to engage more effectively in your academic work.

4th Floor Student Learning Centre sls@ryerson.ca | 416-598-5978

Test Centre

We administer tests and exams for students writing make-up tests and for students who require academic accommodations through Academic Accommodation Support.

VIC-B-16 testcentre@ryerson.ca 416.979.5000 ext. 7932

Writing Support

We offer individual appointments, workshops, and writing groups that will help you develop your academic writing skills and your approach to the writing process.

4th Floor Student Learning Centre sls@ryerson.ca | 416-598-5978