

FACULTY OF ARTS

Program Guide 2025



Toronto
Metropolitan
University

Pursue your passion — and your purpose

Turn your curiosity into your future career with the Faculty of Arts at Toronto Metropolitan University (TMU).

Here, you'll channel your creativity and critical thinking as you learn to shape the future of democracy, champion social justice, create more sustainable communities and so much more. You'll also dive deep into your passions and uncover new ones — human behaviour, criminal justice, culture, history, language, literature and everything in between.

Along the way, you'll be supported by a diverse community of educators, world-class researchers, mentors, peers and community leaders ready to guide you on your journey to personal, professional and academic success.

torontomu.ca/arts

14

Undergraduate programs

13

Graduate programs

15

Double majors to customize your degree

6,800+

Arts students





Find your way

- 2** Get real-world experience
- 4** Enhance your experience
- 6** Succeed with support
- 8** Arts and Contemporary Studies
- 9** Criminology
- 10** English
- 11** Environment and Urban Sustainability
- 12** Geographic Analysis Co-op
- 13** History
- 14** International Economics and Finance
- 15** Language and Intercultural Relations
- 16** Philosophy
- 17** Politics and Governance
- 18** Psychology
- 19** Public Administration and Governance
- 20** Sociology
- 21** Undeclared Arts

Get real-world experience

Whichever program you choose, you'll fill your résumé with the kinds of experiences that will set you apart. Through co-op placements at top-tier companies, dynamic internships (like shadowing a member of Parliament), professional practicums, community-based learning, capstone projects and field studies, you'll graduate with years of hands-on training along with the skills — and experience — you need for the career you want.

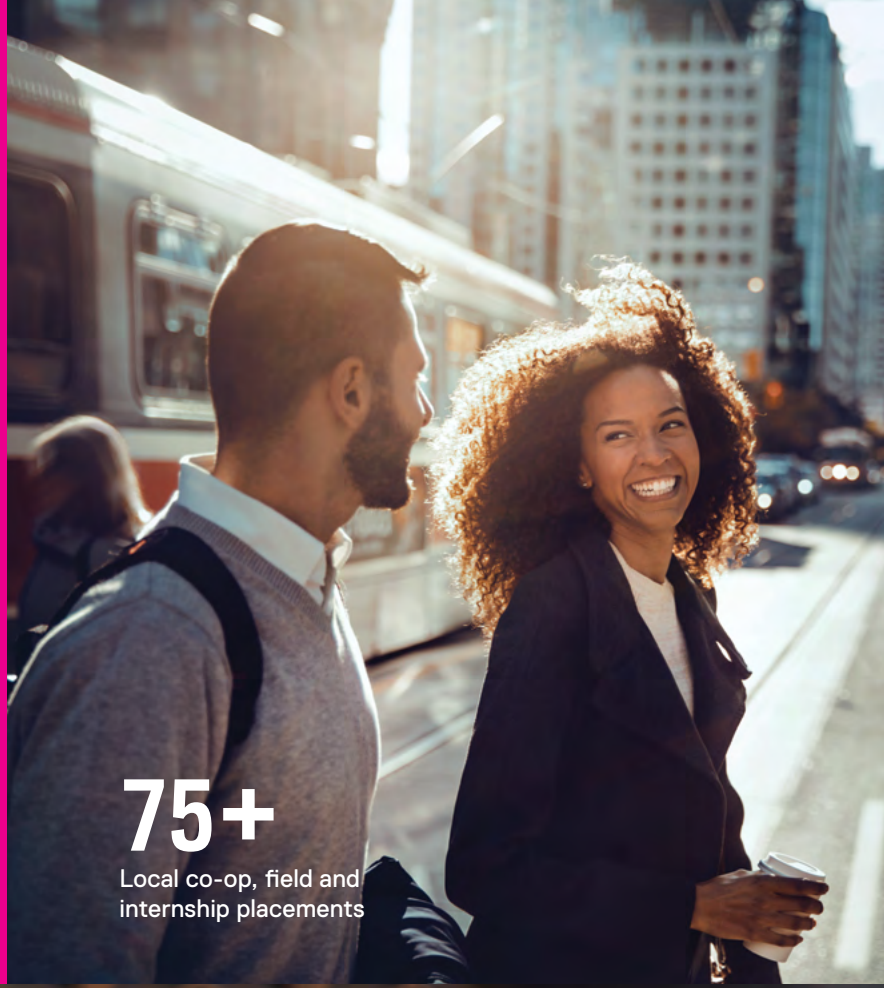


100%

Arts programs with
experiential learning

“My internship prepared me for life after graduation. I learned how my skills can be applied to provide support and insights to meet a company’s demands.”

ANISAH ALI
Geographic Analysis
Class of 2016



75+

Local co-op, field and internship placements



35+

Employer and field placement organizations

20+

Community-engaged learning and teaching courses

Enhance your experience

25+

Global exchange institutes

Create an unforgettable and unique experience while pursuing your Arts degree. Whether you're taking off on an international exchange, collaborating with researchers on groundbreaking discoveries or attending events hosted by your peers, we empower you to expand your horizons, cultivate lifelong skills and build lasting friendships.





8

Arts research centres
and institutes

225+

World-class researchers



50+

Events and experiences hosted by the Society
of Arts, Social Sciences and Humanities

30+

Arts student groups, committees,
initiatives and more

Succeed with support

Take advantage of dedicated support services available to help you personally, professionally, academically and financially. From grants to awards, résumé writing to career counselling, learning strategies to leadership training, the Student Experience Centre has everything you need to succeed here at TMU — and beyond.



#1

University in Ontario
for student services

1:1

Advising to help you
build your career



20+

Faculty of Arts awards to celebrate your achievements



\$100K+

Arts scholarships, grants and bursaries awarded annually

\$10M

TMU entrance scholarships available

1,400+

TMU awards, scholarships and bursaries

Level up your learning with team-based community projects, internship placements, international exchanges and study-abroad programs.



Arts and Contemporary Studies

Bachelor of Arts (BA) • Honours

Shape your future by learning from the thinkers, artists and activists whose ideas have shaped our world. In this interdisciplinary program, you'll get to explore the intersection of culture, society and creativity.

Whether you're interested in media, advocacy or education, you can customize your degree to suit your career goals. Along the way, you'll learn how to tackle pressing issues while honing the critical thinking, leadership and communication skills you need to succeed in any field.

9

Program options to choose from

Your program

Full time: 4 years

Options: Anthropology Studies • Culture Studies
• Diversity and Equity Studies • English • French
• Global Studies • History • Inquiry and Invention
• Philosophy

Your future

Careers: Arts Administrator • Content Specialist
• Curriculum Specialist • Diversity, Inclusion and
Anti-Racism Manager • Donor Relations Manager
• Policy Analyst • Social Media Strategist
• Studio Assistant

Graduate pathways: Business • Communication
and Culture • Education • Law

[torontomu.ca/programs/undergraduate/
arts-contemporary-studies](https://torontomu.ca/programs/undergraduate/arts-contemporary-studies)

Criminology

Bachelor of Arts (BA) • Honours

Are you passionate about social and political issues and how they relate to crime? In this highly sought-after program, you'll unravel the complexities of Canada's criminal justice system by examining its theories, practices and impact.

Through a wide range of coursework, you'll develop a uniquely well-rounded perspective of the criminal justice system, uncovering social inequalities, crime prevention strategies and rehabilitation efforts. You'll also gain the critical thinking, analytical and communication skills you need for your future career.

Your program

Full-time: 4 years

Full-time co-op: 5 years

Double majors: History • Politics and Governance

• Sociology

Your future

Careers: Criminal Justice Program Developer • Court Reporter • Fraud Investigator • Human Rights Worker • Probation or Parole Worker • Restorative Justice Worker • Social Justice Policy Analyst • Victim Services Advocate

Graduate pathways: Criminology • Education • Law

• Social Justice

torontomu.ca/programs/undergraduate/criminology

“This comprehensive program gave me a holistic understanding of crime and justice, along with the ability to critically evaluate information for navigating real-world challenges.”

HUSAM DANO

Class of 2024

Gain hands-on experience through real-world case studies, research projects and international exchanges.



English

Bachelor of Arts (BA) - Honours

Harness the power of storytelling and creative expression as you journey through a diverse range of literary works and even write some of your own. Through lively discussions and hands-on learning, you'll develop an appreciation for the written word and its applications in the real world.

Whether your dream is to work in education, government, tech or anything in between, you'll emerge as a strong communicator, researcher and critical thinker ready to make your mark.

6

Courses for a concentration in Creative Writing

Your program

Full time: 4 years

Full-time co-op: 5 years

Concentration: Creative Writing

Double majors: History - Philosophy

Your future

Careers: Academic Advisor - Account Manager
- Communicators Advisor - Content Writer
- Marketing Analyst - Proofreader - Research Coordinator - Teacher

Graduate pathways: Arts - Culture - Education
- English - Global Issues - Law - Library Science

torontomu.ca/programs/undergraduate/english



Start applying what you learn before you graduate through co-op placements, independent research projects, exchange programs and more.

Gain practical experience through field trips and research projects, expert seminars, professional practicum options and a final capstone project.



Environment and Urban Sustainability

Bachelor of Arts (BA) • Honours

If you want to build greener, more livable cities, you'll first need to learn how to tackle today's pressing issues. Through interdisciplinary coursework and hands-on research, you'll explore the intricacies of environmental issues and urban development in preparation for a career in consulting, urban planning, renewable energy and more.

From sustainable design to environmental policy analysis, this innovative curriculum equips you with the knowledge and skills to shape more sustainable cities and ecosystems for future generations.

“My courses gave me a breadth of knowledge and experience — from learning theory in the classroom to applying it across many fields.”

LEANNE FERGUSON
Class of 2024

Your program


Full time: 4 years

Your future

Careers: Agricultural Specialist • Conservation Officer
• Environmental Consultant • Health and Safety Manager
• Policy Advisor • Program Manager • Sustainability
Officer • Urban Planner

Graduate pathways: Environmental Science
and Management • Geography • Policy • Urban Planning

[torontomu.ca/programs/undergraduate/
environment-urban-sustainability](https://torontomu.ca/programs/undergraduate/environment-urban-sustainability)



Take your in-class learning to the streets with hands-on geotechnology training, local and international field trips, co-op work terms and more.

Geographic Analysis Co-op

Bachelor of Arts (BA) • Honours

Imagine exploring and analyzing the way people move, live and gather in the world. In this program, you'll blend classroom and lab-based learning with invaluable co-op work experience to do exactly that.

Using cutting-edge tools, such as remotely piloted aircraft systems (RPAS) and geographic information systems (GIS), you'll learn how to collect, analyze and present spatial information, preparing you with the skills you need to address real-world challenges in your future career.

1,800+

Hours of paid work experience over the course of your degree

Your program

Full-time co-op: 5 years

Your future

Careers: Crime Analyst • Data Analyst • Environmental Planner • Field Researcher • Geomatics Specialist • Real Estate Analyst • Senior Planner • Teacher

Graduate pathways: Business • Crime Analytics • Education • Geography • Law • Planning • Spatial Analysis

torontomu.ca/programs/undergraduate/geographic-analysis

History

Bachelor of Arts (BA) • Honours

Journey through the past to understand the events that shape our world today. Through an in-depth study of historical events and cultural developments, you'll gain a deeper understanding of the forces behind some of humanity's greatest challenges and achievements.

This supportive, career-focused program will set you up with the critical thinking, cultural awareness and research skills you need to succeed in a range of professions.

“This program has helped sharpen my academic skills, and the supportive professors have equipped me to pursue law school or academia in the future.”

JORDAN LE ROUX
Student

Your program

Full time: 4 years

Full-time co-op: 5 years

Double majors: Criminology • English
• Philosophy • Politics and Governance
• Sociology

Your future

Careers: Archivist • Educator • Historian
• Museum Curator • Program Manager
• Reporter • Research Analyst • Statistician

Graduate pathways: Education • History
• Law • Public Administration

[torontomu.ca/programs/
undergraduate/history](https://torontomu.ca/programs/undergraduate/history)



Gain experience through for-credit internships and co-op placements, or take your learning on the go with study opportunities in Canada and beyond.

International Economics and Finance

Bachelor of Arts (BA)

Ever wonder how money works or how societies allocate resources? In this program, you'll explore the global economy as you learn to navigate the world of money and markets.

By learning to understand international trade, financial markets and economic development, you'll gain the analytical, quantitative, critical thinking and research skills required for a career in banking, investing and even entrepreneurship. Plus, you'll start to build your professional network and gain valuable work experience before you graduate.

3-16

Months of hands-on
paid internship placements

Your program

Full time: 4 years

Your future

Careers: Consultant • Corporate Banking • Data Analyst
• Economic Advisor • Investment Risk Analyst • Operations
Officer • Quality Analyst • Valuation Associate

Graduate pathways: Data Analytics • Finance • Law
• Policy Studies

[torontomu.ca/programs/undergraduate/
international-economics-finance](https://torontomu.ca/programs/undergraduate/international-economics-finance)

Start building your résumé while you gain
experience through real-world internships,
hands-on learning seminars and more.



Immerse yourself in another language and culture through national and international learning opportunities.



Language and Intercultural Relations

Bachelor of Arts (BA) • Honours

Do you dream about learning new languages and cultures? This program is your passport to explore the diversity and nuances of languages here in Canada — and around the globe.

In this immersive program, you'll gain a global perspective, engage in experiential learning exercises and navigate cross-cultural settings with confidence. You'll also build your proficiency in French or Spanish, with the option to focus on one of three concentrations.

Fall 2026

New co-op program launches

Your program

Full time: 4 years

Full-time co-op: 5 years

Options: French • Spanish

Concentrations: Language and Cognition • Organizational Behaviour • Translation Studies

Your future

Careers: Content Writer • Diplomat • Interpreter
• Multilingual Communications Advisor • Settlement Coordinator • Teacher • Tourism Specialist • Translator

Graduate pathways: Anthropology • Education
• Immigration and Settlement • Language Studies
• Law • Public Administration

[torontomu.ca/programs/undergraduate/
language-intercultural-relations](https://torontomu.ca/programs/undergraduate/language-intercultural-relations)

Start applying what you learn through experiential learning courses and co-op placements in a range of settings, from the Government of Canada to SickKids Foundation.



Philosophy

Bachelor of Arts (BA) • Honours

Come explore the big questions, like: “What’s the meaning of life?” and “Why do people believe what they do?” In this program, you’ll learn to look at issues from new perspectives, challenge assumptions and develop well-reasoned opinions.

As you examine the ethical implications of technology, ponder the nature of reality, and so much more, you’ll learn to harness your curiosity and sharpen your analytical skills in preparation for a fulfilling career in academia or industry.

3

Co-op work placements throughout your degree

Your program

Full time: 4 years

Full-time co-op: 5 years

Double majors: English • History

Your future

Careers: Ethics and Compliance Officer • Lawyer
• Mediation Associate • Policy Advisor • Research Assistant
• Risk Analyst • Speech Writer • Teacher

Graduate pathways: Education • Law • Philosophy

torontomu.ca/programs/undergraduate/philosophy

Politics and Governance

Bachelor of Arts (BA) - Honours

Have you ever wondered what happens when you vote or why people vote the way they do? In this program, you'll learn about the intricacies of power and democracy, and how they inform the policies and decisions shaping the world around you.

Through in-depth analysis, in-class simulations and community projects, you'll explore political systems, institutions and processes at the local, national and global levels — and graduate ready to effect real change.

“I've been able to learn from respected professors, gain hands-on experience in the field and network with government officials.”

RICARDO VALDERRAMA

Student

Your program

Full time: 4 years

Full-time co-op: 5 years

Double majors: Criminology • History • Sociology

Concentrations: Canadian Democracy • Politics of Identity • Public Policy • World Politics

Your future

Careers: Advocacy Support • Campaign Manager

• Government Relations Specialist • Immigration Officer • Operations Advisor • Policy Analyst
• Speech Writer • Urban Researcher

Graduate pathways: Business • Education • Law
• Public Policy • Social Sciences

torontomu.ca/programs/undergraduate/politics-governance

Choose from a range of experiential learning courses that put you on the front lines of democracy in Canada and beyond.



Psychology

Bachelor of Arts (BA) - Honours

Are you curious about why we think and feel the way we do, or how our brains function? Explore the depths of the human experience in this comprehensive program.

From understanding the science behind one's thoughts to helping others overcome challenges, this in-demand program sets you up with the critical thinking, problem solving and effective communication skills you need to succeed in a broad range of careers, from direct patient care to market research.

25K

Square feet of on-campus research space

Your program

Full time: 4 years

Full-time co-op: 5 years

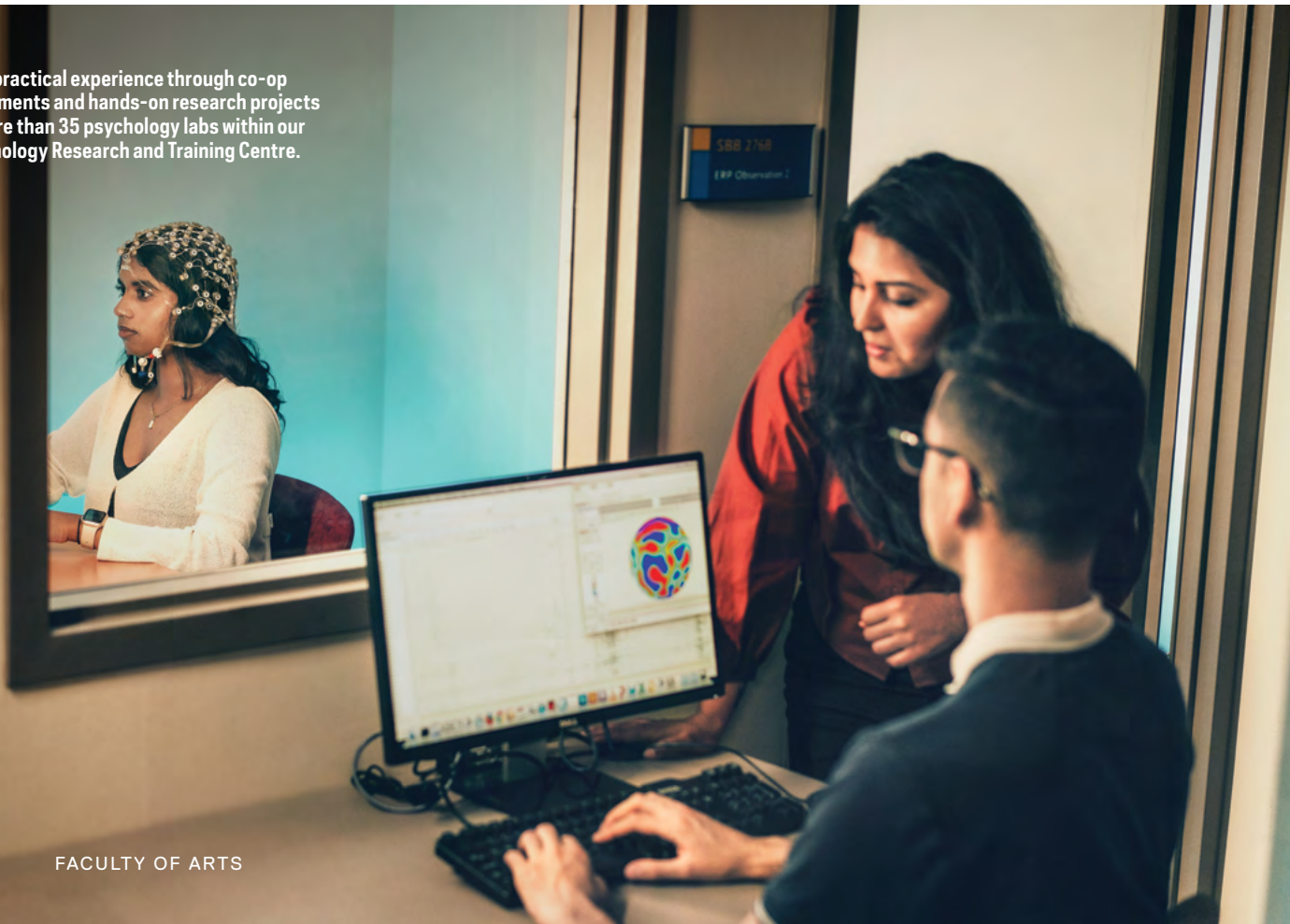
Your future

Careers: Behaviour Therapist • Counsellor • Gerontologist • Learning and Development Specialist • Mental Health Worker • Probation Officer • Public Relations Specialist • Researcher

Graduate pathways: Business • Health • Law • Medicine • Psychology

torontomu.ca/programs/undergraduate/psychology

Gain practical experience through co-op placements and hands-on research projects in more than 35 psychology labs within our Psychology Research and Training Centre.



Gain practical experience through a year-long practicum, co-op placement, field placement or internship with a range of employers.



Public Administration and Governance

Bachelor of Arts (BA) • Honours

Level 1 & 2 Certificates

Whether you're preparing for entry-level roles or to advance your career in public service, this program is designed to help you get there.

In this flexible, multistep program, you'll gain a solid understanding of the forces that shape public administration and policy while learning how to address today's complex challenges. Through a blended approach to learning, you'll gain both the theoretical knowledge and hands-on skills you need to start or grow your career.

3

CAPPA-accredited academic pathways to build from

Your program

Part time: Available

Pathways: Available

Your future

Careers: Business Development Specialist

• Campaign Manager • Communications Consultant
• Legal Assistant • Legislative Aide • Member of Parliament • Policy Analyst • Urban Researcher

Graduate pathways: Law • Public Administration

• Public Policy • Social Sciences

[torontomu.ca/programs/undergraduate/
public-administration-governance](https://torontomu.ca/programs/undergraduate/public-administration-governance)

Gain specialized knowledge through international and community projects, paid co-op, advanced research training, a capstone bridge course or an optional thesis.



Sociology

Bachelor of Arts (BA) • Honours

Are you driven to make a positive change in society? Through experiential and community-engaged learning, you'll explore topics spanning gender, race, Indigenous perspectives, food security, popular culture and more.

You'll also conduct extensive research training, including survey design and media analysis. By combining classroom, research and real-world practice, you'll gain the analytical and practical skills needed to advocate for individuals, communities and societies at large.

1,680

Hours of paid, full-time work experience over the course of your degree

Your program

Full time: 4 years

Full-time co-op: 5 years

Double majors: Criminology • History • Politics and Governance

Your future

Careers: Career Counsellor • Community Manager • Diversity and Inclusion Specialist • Guidance Counsellor • Human Rights Officer • Public Engagement Advisor • Public Relations Manager • Research Assistant

Graduate pathways: Education • Immigration Studies • Law • Media and Culture • Public Policy • Sociology

torontomu.ca/programs/undergraduate/sociology

Undeclared Arts

First-year studies only

Are you curious about a lot of things, but aren't sure what you want to study yet? Spend your first year exploring your interests and talents before declaring your major.

In this program, you'll have access to a range of subjects and the freedom to try new things in a supportive learning environment. And once you find your thing, you can apply the credits you've earned as an Undeclared student to the Arts program of your choosing.

“Undeclared Arts genuinely helped me discover what I was really passionate about and gave me 100% confidence in choosing that path.”

PHILIPP SMIRNOV
Student

Your program

Full time: First-year studies only

Your future

Majors: Criminology • English • Environment and Urban Sustainability • Geographic Analysis • History • Language and Intercultural Relations • Philosophy • Politics and Governance • Psychology • Sociology

torontomu.ca/programs/undergraduate/undeclared-arts



Explore program areas in the humanities and social sciences as you discover your passions and strengths before choosing a major or double major program.

Ready to apply?

Scan the code below or visit torontomu.ca/admissions/undergraduate/apply for detailed instructions on how to apply to become a Faculty of Arts student at TMU.



Let's connect



@arts_tmu



@ChooseTMU



**Faculty
of Arts**

Toronto is in the "Dish with One Spoon Territory."

The Dish with One Spoon is a treaty between the Anishinaabe, Mississaugas and Haudenosaunee that bound them to share the territory and protect the land. Subsequent Indigenous Nations and peoples, Europeans and all newcomers have been invited into this treaty in the spirit of peace, friendship and respect.