

Stage 1: Engagement

Description:

Stage 1 focuses on campus engagement, professional development, and community building. Students will be given the opportunity to connect with peers and faculty members from other programs, departments, and faculties. They will also have the opportunity to learn useful skills such as resume building, networking and design thinking.

Requirement	Description	Credits Needed	Verification
Participation in Workshops/Seminars	★ Attend at least 2 workshops focused on skill and/or self development.	2	★ Write a 250-300 word discussion post, including photos/evidence to document your experience!
Mentorship Program	★ Become a Mentee through the Tri-Mentoring Program (TMP).	2	★ Write a 250-500 word report outlining session dates and sharing what you learned!
Community Engagement/Volunteering	★ Participate in at least 2 community or campus events related to the Arts. This could involve volunteering at events, attending cultural festivals, or joining Arts clubs!	2	★ Write a 250-500 word discussion post, including photos/evidence to document your experience!
Networking Activities	★ Engage in at least 2 networking events with peers, faculty, or Arts professionals.	2	★ Write a 250-300 word discussion post, including photos/evidence to document your experience!
Professional Development	★ Partake in a Resume/Cover Letter building session.	1	★ Submit a document with your Resume and Cover Letter.
Public Speaking	★ Watch lecture videos by Dr. Martin Antony, Professor and Chair, Department of Psychology.	1	★ Write a 500 word reflection analyzing whether you used any of the strategies presented in the videos.

Recognizing your efforts:

After completing each stage, you will be given a digital badge certifying the skills you have developed. Share these badges on social media, LinkedIn, your resume and CV to gain recognition for your efforts and bolster your career!